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Celebrity Buzz

Burlesque show next for Lohan?
pg 26



EARTH DAY: APRIL 22 GoGreen

Metro is marking Earth Day with a series of articles to get you to Go Green: COMMENT AND VIEWS.

Paul Sullivan weighs in on what a fatter planet will mean for the environment. Page 8.

GO GREEN. Metro's special Earth Day section takes a look at environmental issues around the world — from what changing climates mean to wine producers, to the effect plastic is having on our oceans. Pages 9-12.

METRO DRIVE. We take a look at Toyota's reinvented Prius hybrid. Page 18.

ENTERTAINMENT. Our movie reviewer takes a look at the new documentary Earth. Page 25.

ONLINE. Visit metronews.ca for more Earth Day stories.

Canada pg 6

Ignatieff goes to Washington

Travel pg 24



Rural Scotland's magnificence

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EDMONTON • WEDNESDAY, APRIL 22, 2009



Happy Earth Day

Albert Einstein famously predicted that if bees were to cease to exist, humans would last only four years after the last bee died.

A shocking estimation, but these pollinators truly make our ecosystems work.

What's frightening is that the

world's pollinators, predators, prey, vegetation and oceans that we rely on for food, oxygen and water are at risk.

Which is precisely why Metro is dedicating this year's annual Green Metro to the topic of biodiversity — a term that, quite simply put, means the vast vari-

ety of plants, animals and natural resources found on Earth.

Like bees.

So read on — and plant a garden. Ride your bike. Remember the oceans, the bees, the worms — they are your neighbours ... and our heroes.

MAGGIE SAMWAYS/METRO WORLD NEWS

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River Valley awash in green fun

VICTORIA HANDYSIDES
victoria.handysides@metronews.ca

EVENT Edmonton will be awash in a greenish hue today as residents turn their attentions to the environment for Earth Day.

This year marks Edmonton's 20th celebration of the world-wide event, which was first celebrated in Wisconsin in 1970.

City officials are inspiring commuters to drive more socially responsibly by offering free parking at transit drop-offs for carpools.

Five carpool parking stalls are reserved at the Stadium, Belvedere and Clareview LRT stations, and are eligible for people with two riders or more.

Free rides from the University LRT station are being provided down to the green oasis in the River Valley, where festival-goers will get six hours of main-stage entertainment, exhibits, workshops and speakers.



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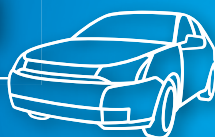




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Lease calculation: monthly payment of \$449 for 48 months (after delivery allowance of \$1,000 is rebated to dealer). Not all buyers will qualify for the lowest APR payment. Additional payments required: \$1,800 down payment (or equivalent trade-in), \$0 security deposit, plus administration fees, pre-delivery, registration, PPSA fees and applicable taxes. Cost of borrowing is 2.4%. Mileage restrictions of 80,000km over 48 months apply. A charge of 12 cents per km over mileage restrictions applies. Certain taxes will apply. ††† No Security Deposit on most new 2009 Ford vehicles (excluding 2009 F-Series Chassis Cabs, Ford GT, Ford Shelby GT 500, Chap Foose F-150 or Medium Truck and LCF, Econoline Cutaway and Stripped Chassis) effective January 9th, 2009 through March 31st, 2009. Security Deposit may be required by Ford Credit based on customer credit terms and conditions. * Most 2009 Ford vehicles, excluding 2009 Model LCF, F-450 and F-550, come with a 5 year/100,000 km (whichever occurs first) Powertrain Warranty and full Roadside Assistance benefits together with a 5 year/100,000 km (whichever occurs first) Safety Restraint Warranty. In addition, on all 2009 Model F-Series Super Duty vehicles equipped with the diesel engine, the Powertrain Warranty is extended to 5 year/160,000 km (whichever occurs first), which equals the diesel engine warranty. Some conditions and limitations apply. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-365-3673. All offers include freight and air tax, but exclude license, insurance, PPSA, registration, administration fees and all applicable taxes. Offers are mutually exclusive and cannot be combined with any other offer. Dealer may sell or lease for less. Limited time offers. Dealer order or transfer may be required. Offers may be cancelled at any time without notice. Some conditions apply. See Dealer for details. † Standard on most new Ford vehicles and includes a 6-month prepaid subscription. See your Ford of Canada Dealer or contact SIRIUS® at 888-539-7474 for more information. "SIRIUS" is a registered trademark of SIRIUS Satellite Radio Inc. ††† Fuel consumption ratings are based on Transport Canada approved test methods. Actual fuel consumption may vary based on road conditions, vehicle loading, driving habits and the addition of certain vehicle accessories. Fuel efficiency figures based on the 2009 Ford Edge SEL FWD City 12.6L/100km (22MPG) Highway 8.4L/100km (34MPG) 2009 Fusion SE I-4 City 10.2L/100km (28MPG) Highway 6.9L/100km (41MPG).

Seeking Alberta's top talents

The summer search for Alberta's best and brightest has started. Judges for the Northern Star Talent Search are accepting video auditions for voice, dance, instrumental, or variety skills for the competition. For dates and locations, visit capitalex.ca. **METRO EDMONTON**

3

Local

Kings coming here

The Nashville band Kings of Leon are adding Edmonton to their summer touring schedule, making a stop in the city Aug. 12 at Rexall Place. Tickets range from \$41 to \$56.50 and are available Friday through Ticketmaster.

METRO EDMONTON

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Rescue for Alberta woman?

NIGERIA A Drayton Valley woman kidnapped in Nigeria may have been the subject of co-ordinated rescue plans yesterday.

Nigerian media sources reported that a liberation effort was being considered for Julie Ann Mulligan, 45, and that the kidnapping is a matter of state security.

Mulligan was kidnapped in Kaduna Thursday, after arriving in the country a day earlier with members of the Drayton Valley Rotary Club.

METRO EDMONTON

Universiade bid in home stretch

JEFF CUMMINGS
jeff.cummings@metronews.ca

A bid to bring the Universiade Games back into Alberta's capital is nearing the finish line, but there's still some work left to do, say organizers.

After being shortlisted with two other final challengers — Gwangju, South Korea, and Taipei City, Taiwan — the city's next step is to woo five executives from the International Sport Federation, a group that will ultimately choose the 2015 host city.

"We think this is a two-way race between Korea and ourselves," said Nicole Poirier, an international bid director with Edmonton's bid committee, to the Edmonton Sport Council last night.

Poirier says Taiwan's bid is more of a learning experience for organizers as they go through the bid process.

"What we are really hearing from (the federation) is that they really want to come back to North America," said Poirier. "They haven't been here in more than 20 years."

The last time North America hosted the event was in 1983 in Edmonton and seeing a host city get the event twice is nothing new when it comes to the Universiade, says Poirier.

The executives will tour Edmonton April 30 to May 4 and will submit a report to the 27-member committee before it makes the final decision on May 23.

The university games could bring in more than \$400 million to Edmonton's economy and create more than 5,500 jobs, according to figures from the Edmonton Economic Development Corporation. Edmonton's bid will cost roughly \$2 million, which will be shared between the University of Alberta and the city.

Building a better future for local families

VICTORIA HANDSIDES
victoria.handsides@metronews.ca

Many hands make light work, and in a north Edmonton neighbourhood, many hands are building a second chance for cash-strapped families.

Habitat For Humanity volunteers are elbow-deep in a community housing project that will, when completed, provide interest-free mortgaged homes for 18 families.

"Rent prices have risen, and salaries haven't equivalently. People are having to make the choice between rent and food," said the group's Edmonton-area president, Alfred Nikolai.

More than 40 volunteers gathered at the Kirkness site yesterday, where



Volunteers from the Carpenters Local 1325 help out on a Habitat for Humanity build yesterday afternoon.

homes are in various stages of construction. All 18 families chosen have pounded nails and poured concrete along with volunteers.

Families are required to put in 500 hours of "sweat

equity" before moving into their homes.

Ground will be broken on a 47-unit project in the Bergman area this summer. Habitat is currently accepting applications for the Bergman development.

News in brief

UNIVERSITY Aspiring poets and playwrights at the University of Alberta will soon have a Nobel laureate as their new professor. Derek Walcott, who

won the Nobel prize for literature in 1992, will be spending six weeks at the university every year for the next six years, said university president

Indira Samarasekera during an announcement yesterday. Walcott will begin teaching at the university this fall.

METRO EDMONTON

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What's online today.

Video Landowners gather to protest controversial Bill 19 at metronews.ca/local

Video Hijacked passengers reunite with family at metronews.ca/canada

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A Mexican family currently living in Whitehorse will be allowed to stay in Canada a few more months after federal authorities granted an extension on a deportation order that would have required them to return to their native country on Thursday. **CBC NEWS ONLINE**

Canada



Don't boo U.S. anthem: Gainey

Bob Gainey has appealed to Montreal Canadiens fans to stop booing the U.S. national anthem. The Canadiens coach and general manager said fans who booed during Star-Spangled Banner ahead of Game 3 of their playoff series against the Boston Bruins should find other ways to voice their support. "I feel like there's a confusion there with our fans," Gainey said. "They feel like booing the anthem is supporting our team, in that the anthem represents the Boston team."

CBC NEWS ONLINE

News in brief

BORDERS The Canadian government moved yesterday to correct U.S. homeland security chief Janet Napolitano after she wrongly said some of the perpetrators of the 9-11 attacks had crossed into the United States from Canada. **REUTERS**

TASER INQUIRY The RCMP, in the closest it has come to acknowledging any mistakes, will tell an inquiry into actions of its officers in the death of Robert Dziekanski that "there are things that they would do differently," says Commissioner William Elliott.

TORSTAR NEWS SERVICE

CRIME A decrease in the number of break-ins sparked a drop in the severity of overall crime in a 10-year-period, while the seriousness of violent crimes remained stable, according to a new report by Statistics Canada. According to the index, overall crime severity fell by about 20 per cent.

CBC NEWS ONLINE

Ottawa Pro-Tamil protest



Tamil protesters call for the Canadian government to intervene in armed Sri Lankan conflicts during a demonstration near the Centennial Flame in front of Parliament Hill in Ottawa yesterday. For 16 days, Tamil supporters from Ottawa and other cities have held demonstrations in the capital.

BLAIR GRIFFITHS

Iggy goes to D.C.

Liberal leader to take part in Afghanistan discussion

Liberal Leader Michael Ignatieff is off to Washington to take part in an exclusive and high-level discussion on the future of Afghanistan.

Ignatieff will join Richard Holbrooke, the U.S. special envoy for Afghanistan and Pakistan, and other diplomats and security experts at a closed-door, invitation-only meeting Thursday. The summit will look at stabilizing the region through measures such as negotiating peace with the Taliban, reining in Pakistan, shutting down rampant drug production and closer co-operation with Russia, Iran and other neighbouring states.

The Liberal leader is participating as an interna-

Experience

- Ignatieff has first-hand experience of the Taliban's reign in Afghanistan, having flown into Kabul on one of the first flights after the ultra-Islamic movement took power in 1997.

tional human rights expert, said Jill Fairbrother, his spokesperson. But he feels compelled to attend this event in particular because of what he perceives as the absence of the Conservative government in the debate about the future of the war-torn country.

"(He's attending) this one because he has something to say and the Cana-

dian government hasn't been participating in this dialogue with the U.S., and he believes we should be," Fairbrother said.

The Tories have hired high-powered communications operatives, such as former White House press secretaries Ari Fleischer and Mike McCurry, spokespeople for George W. Bush and Bill Clinton respectively, to land Prime Minister Stephen Harper interviews that will let him raise Canada's profile in the U.S. media. But the government refused to follow the U.S. lead and name a special envoy for Afghanistan and Pakistan to better coordinate the future of the Afghan mission, drawing criticism in many quarters.

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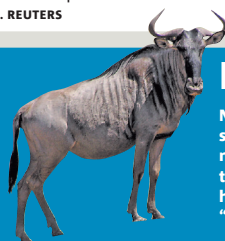
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Venezuelan opposition leader seeks asylum in Peru

Venezuela's top opposition leader Manuel Rosales has fled to Peru and requested political asylum to escape corruption charges he says are retaliation for his criticism of Venezuelan President Hugo Chavez. **REUTERS**

World



Kenyan wildlife declining

Numbers of wild grazing animals in Kenya's Maasai Mara National Reserve have fallen substantially in 15 years as wildlife competes with neighbouring human settlements, researchers said. A study published today in the *British Journal of Zoology* found six species — giraffes, hartebeest, impala, warthogs, topis and waterbuck — had declined "markedly and persistently" throughout the reserve. **REUTERS**



An ANC election poster is seen on public toilets in Kliptown informal settlement a day before the South African election yesterday. **REUTERS**

South Africa set to vote

Zuma's ruling ANC party facing tough opposition

Jacob Zuma called for a huge turnout for South Africa's election today to give his ruling African National Congress an overwhelming mandate in its toughest test since the end of apartheid.

Zuma is expected to become president after the ballot of 23 million South Africans, but the ANC risks losing the two-thirds majority in parliament it

needs to change the constitution in the face of a new opposition party formed by ANC dissidents.

"We anticipate a massive turnout and we expect that the people of this country will once again give the ANC a huge and decisive mandate to work together with them to further improve their lives," he said.

Zuma, who had corruption charges against him

dropped this month, declined to comment on his potential cabinet.

Businesses are worried Zuma may veer away from policies credited with delivering years of economic growth because he owes his rise to forces such as the trade unions on the left of the party. Zuma has said there will be no dramatic change of direction. **REUTERS**

Sri Lankan troops move in on Tamil Tigers, 62,000 flee

CIVIL WAR Sri Lankan soldiers battled into the last redoubt of the rebel Tamil Tigers yesterday as the exodus of people fleeing the war zone reached more than 62,000, the military said.

The Red Cross warned the situation was "nothing short of catastrophic" and urged both sides to prevent further mass casualties among civilians, saying hundreds had been killed in the past 48 hours.

The neutral agency did not assign blame to either side.

The military's noon deadline for the Liberation Tigers of Tamil Eelam (LTTE) to surrender passed without word from the separatists, who vowed no surrender hours later.

Sri Lanka's military, in what it dubbed the world's largest hostage rescue operation, went in to keep the stream of people moving and give troops a clear shot at the LTTE.

"So far 62,600 people have come out and still they are coming," military spokesman Udaya Nanayakkara said. **REUTERS**

Obama nudges Israel on Palestine

ISRAEL U.S. President Barack Obama nudged Israeli Prime Minister Benjamin Netanyahu yesterday to accept the goal of a Palestinian state, as he pressed Israel and the Palestinians to "step back from the abyss."

Deepening his role in reviving peace efforts, Obama met Jordan's King Abdullah, and set up talks with Netanyahu, Palestinian President Mahmoud Abbas and Egyptian President Hosni Mubarak.

He seized the chance to reassure Abdullah of his commitment to a two-state solution to the Israeli-Palestinian conflict.

Break with Bush

- Obama reaffirmed his pledge to make Middle East peace a priority. Bush's critics had accused him of neglecting the conflict, and most Arabs considered him biased in favour of Israel.

But Obama's Middle East strategy has been complicated by the emergence of a coalition led by Netanyahu, who since coming to power last month has avoided recognizing the Palestinians' right to an independent state, as his predecessor Ehud Olmert did. **REUTERS**

News in brief

NATO Russia yesterday pulled out of a meeting with NATO military commanders set for next month, but said it would stick to plans to resume formal political ties, a Russian diplomat and a NATO spokeswoman said.

FRANCE Around 125 workers facing redundancy at a company in northeastern France detained five managers throughout last Thursday in the latest incident of French workers locking up their bosses to press their demands. **REUTERS**

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Comment & Views

Comment

Lose weight, save planet

TheWestView

Paul Sullivan

metronews.ca/thewestview

Happy Earth Day. If you're looking for something useful to do today (other than picking up a free coffee), you might try checking if you can see your toes.

It turns out the world's population is getting fatter, and that adds to the already heavy load on the planet, greenhouse gas-wise.

No, the problem is not excessive flatulence, although I

expect that doesn't help. The problem, according to British researchers from the London School of Hygiene and Tropical Medicine, is the fatter we get, the more likely we are to use our cars to get around and the more fuel those cars have to burn to haul our sorry butts around.

There is no doubt the species is increasing in bulk. Between 1994 and 2004 in England, the average body mass index (BMI) increased from 26 to 27.3 for men and 25.8 to 26.9 for women. I regret to report that anyone with a BMI of more than 25 is considered overweight, and over 30 is obese. In Canada two-thirds of the population is overweight and one-quarter is obese.

The British researchers es-

EARTH DAY: APRIL 22

Go Green



timate one billion lean people will emit one billion fewer tonnes of carbon dioxide a year than one billion fat people.

So how's that for an incentive? Lose weight; save the planet.

I confess I've been inadvertently saving the planet. I started losing weight this January when I realized there was no way I was going to run the Vancouver Marathon in time to qualify for the Boston Marathon, the Holy Grail of marathons, if I continued to weigh in at a porky 205 pounds. So now

I weigh 179, with a BMI of 24.3. Mother Earth has yet to send me a thank-you card even though I check the mail every day, but I guess she's pretty busy shouldering the increased load.

OK, maybe she won't notice the reduction, but you've got to start somewhere. I have to admit I haven't felt this, uh, bouncy in years.

So Canada, I dare you. Take the challenge: Look down. No toes? Then it's time to get off the couch, get out of the car, and put one foot in front of the other. Take a load off Mother Earth ... and yourself.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.

HAPPY EARTH DAY!



MICHAEL DI ADOER

Word on the street: In celebration of Earth Day, what's the biggest lifestyle change you've made to help the environment?

Ambrosia MacDonald
age 32,
Edmonton

A: We recycle absolutely everything. We only throw away one bag of trash every two weeks.



Jerri Hudson
age 36,
Edmonton

A: Our company doesn't print out emails anymore. We're very environmentally conscious.



Elyse Nabata
age 20, Calgary

A: I'm a barista, and I have started bringing a reusable mug to work every day.



Thomas Iwanicki
age 20, Calgary

A: I use my motorcycle as much as possible to reduce carbon emissions.



Samantha Stricker
age 25,
Vancouver

A: The biggest change I made was selling my car. I use transit, my roller-blades or I'll walk.



Adam Travis
age 25, Toronto

A: We upgraded to a high-efficiency furnace and air conditioner.



Carolyn Slade
Halifax

A: I'm trying to remember each day to drive less ... even a little bit is going to make a difference.



Cory Leblanc
age 32, Ottawa

A: I recycle everything. By the end of the week I only have one or two small white garbage bags.



Britta Hebbner
age 28, Ottawa

A: We've always recycled and all that jazz. We take our bikes everywhere.



It's your turn to tell others what you think. Email your thoughts and opinions to: edmontonletters@metronews.ca

Letters must include sender's full name, address and phone number - street name and phone numbers will NOT be published. We reserve the right to edit letters.

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Projects to keep you busy all year

Earth Day Canada has several year-round programs for Canadians of all ages. Programs include EcoKids, ecoMentors, EcoAction Teams and Toyota Earth Day Scholarship. For more, see earthday.ca. **EARTH DAY CANADA**

earth day: april 22 **9**

Go Green

Join in the fun

More than six million Canadians are expected to join 500 million people in more than 180 countries to celebrate Earth Day events and projects to address local environmental issues. Nearly every school child in Canada will take part in an Earth Day activity.

EARTH DAY CANADA

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

Message from Metro CEO Per Mikael Jensen



To our readers,

We are the world's largest newspaper and whatever we do can impact — every week — 37 million people on four continents.

There are things that only the world's global newspaper can do. Go Green is a great example and Metro is proud to embrace such a huge cause.

And what is Metro doing to Go Green?

The philosophy behind the Metro business plan lends itself to be more green than its paid-for

colleagues. Our aim is to reach as many readers as possible with the minimum amount of copies — as opposed to that of a paid-for newspaper, where the number of copies is the key, not readers.

We print our editions on recycled paper when we can — all of our southern European editions are printed on 100 per cent recycled paper — and when we can't, we buy paper from special farms that use less water to grow their trees. We are the news in brief. It takes

us fewer pages to bring you all the news you need to read. We turn down the AC and the heat; we put our lights on special timers so they shut off when they can't detect motion.

Additionally, we've begun to explore cycling distribution and test pilot programs to increase our reach without printing more copies.

In addition to our internal and corporate efforts to be greener, as a mass media outlet, Metro can use its powerful reach to pull together our readers'

will to be green into real action by providing resources, information and communities that encourage a greener world. And our readers are ready to Go Green from across Canada, to Santiago, to New York, to Prague; Metro will be the booster.

Today's special edition is the first step.

Join us. Go Green with Metro and feel free to join the Facebook group of the same name.

KIND REGARDS,
PER MIKAEL JENSEN
CEO, METRO INTERNATIONAL

Vin-ners and losers

The changing face of wine regions

USA and Canada:

California may become too hot and too dry to produce quality wine. The same goes for Yakima Valley in Washington. The East Coast looks as if it could benefit. The same goes for British Columbia and it's Okanagan Valley.

South Americas:

Both Chile and Argentina are considered winners. The cooler sea currents in the southern hemisphere will be to their advantage, and wine growers such as the well-known Miguel Torres from Spain are buying land here.

Africa:

South Africa looks as if it will suffer less from global warming than most places. However, wine growers are looking to move to the mountains.

Australia, New Zealand:

Many districts are becoming too hot and too dry. Some of the wine growers are moving to mountainous Tasmania where the climate is cooler. In New Zealand, Central Otago on the South Island could become the world's possibly southernmost wine district.

Europe:

The warmest places are in trouble. Spain and Portugal are predicted to be those most likely to suffer. Major wine growers such as Miguel Torres in Spain are moving into the Pyrenees. In districts already affected, growers contemplate exchanging the Tempranillo with other grapes more suited to warmer climates. Italy, too, is suffering, especially

places in the south like Sicily. Some local experts advocate irrigation, which is now banned, to save vineyards in Tuscany for instance. In France, it looks as if the west and the south will be affected the most. Growers are moving into higher regions, when possible, or buying land in other countries. For instance, winemakers from the famous Champagne District in France are moving across the English Channel, buying into the chalky regions of southern England. The British Isles are basking in the sun, winemakers are multiplying, the same goes for the amount of land taken up by vineyards. Southern England could be the Champagne District of the future, some experts predict.

Other countries:

Denmark, Sweden, Finland and other countries around the Baltic Sea have so far only had amateur enthusiasts involved in wine-making. But now it is becoming commercial, with some of the wines actually exported to buyers in other countries. However, these countries will possibly still be too cool for large productions, rather they will produce interesting quality wine in small amounts.

Asia:

As surprising as it may seem, China is already the seventh largest wine producing country in the world. And some experts have their eyes on an area northwest of Beijing as one of the most promising — wines from here are already winning prizes at international fairs. So get used to names like Changyu, Dragon Seal, Great Wall or Dynasty.

SOURCES:
ASSOCIATE
PROFESSOR
AND
CLIMATOLOGIST
GREGORY JONES



How nature can inspire design

Nature has always inspired mankind. Leonardo Da Vinci and the Wright brothers looked at birds in flight to inspire their flying devices.

In the same way, Swiss inventor George de Mestral created Velcro in 1948 by analyzing the burrs stuck to his pants and to his dog's fur after a walk in the countryside.

Today, this science has a name: Biomimicry, a word coined by American researcher Janine Benyus, who published Biomimicry: Innovation Inspired by Nature in 1997.

"Biomimicry, or biomimetics, is all about look-

"The natural world is full of hints on how to manufacture in life-friendly ways."

Researcher Janine Benyus

ing to nature for inspiration and borrowing nature's blueprints, its chemical recipes and ecosystem strategies," says Benyus.

"Why reinvent the wheel when we have optimal solutions in nature that have benefited from 3.8 billion years of field testing and natural selection?"

This idea actually appeals more and more to companies that are trying to find solutions to prob-

lems nature has been dealing with since the dawn of life, such as minimizing energy use and manufacturing without toxins.

"The natural world is full of hints on how to manufacture in life-friendly ways," says Benyus.

Nature is full of examples of adaptation, so "when we now talk about the extinction spasm, we're talking about losing wisdom, ideas that we

would not normally have thought of," says Benyus.

We can no longer take this wealth for granted. That's why the Biomimicry Institute has initiated a program called Innovation Through Conservation, asking companies to donate a percentage of their proceeds to conserve the habitat of the species they took inspiration from.

Biomimicry proves once more that the loss of biodiversity is a lot more than an animal lover issue.

NADIA LODDO
METRO WORLD NEWS
IN PARIS

Every week, 37 million people in 20 countries read Metro

Imagine if all of those readers — if all of us — banded together to change the world? What a difference 37 million makes ...

Running through the drops



When 37 million people take a five-minute shower, it only uses 3.5 trillion litres of water, compared to a 10-minute shower, which uses seven trillion litres of water.

It's exhaust-ing

When 37 million people use average sedan cars, it emits 2.59 trillion tonnes of CO2 during the lifetime of their cars, as compared with 3.7 trillion tonnes of CO2 if they used SUVs.

Drive me wild

When 37 million drivers leave their cars at home and commute together with their spouses/partners/neighbours, they cause the emission of 107 million tonnes of CO2 annually, compared with 214 million tonnes of CO2 should they decide to use their own cars.

Dot-bomb

When 37 million people do not switch off their computers after work, they use 37 million megawatt hours of electricity annually, compared to around 9.2 million megawatt hours if computers and monitors are switched off after work.

Pass it on!

When 37 million people share their newspaper (approximately 0.3 kg of paper), they save 85,248 trees

Guess who's coming to dinner?

When 37 million people use modern dishwashers with the best rating once a day, they would use 666 million litres of water, compared with 1.5 trillion litres of water used by less efficient dishwashers.

Flushed away

When 37 million people refurbish their bathrooms with low-flush toilets (six litres per flush), each flush uses 222 million litres of water, compared to old toilets (12 litres per flush), that would take 444 million litres of water to flush collectively.

Watt's up, doc?

When 37 million people change just one 100-watt incandescent bulb for a 20-watt compact fluorescent light bulb, giving the same amount of light, during one hour they would be using 740 megawatt hours of energy to receive the same lighting, compared with 3,700 megawatt hours with the regular bulb.

TV stars

When 37 million people unplug their TV sets (1 watt standby) while going to sleep, they would save 296,000 kwh per day.

DANIEL DENISHUK
METRO WORLD NEWS
IN POLAND



The Intergovernmental Panel on Climate Change (IPCC), the scientific body created by the United Nations to evaluate the risk of climate change, has shown how strong an influence scientists all over the world can have on politicians and public opinion when they speak with one voice. This was proven once again in

Bio bias

World moves toward an IPCC in biodiversity

January 2005 at an international meeting in Paris by the then-French president Jacques Chirac. Over the past four years, the idea has progressed, and the creation of what will be called the Intergovernmental Platform on Biodiversity and Ecosystem Services (IPBES) is now only a question of time. "The IPBES should work more or less like the IPCC," says Didier Babin, the researcher who led negotiations until the United Nations Environment Program (UNEP) officially took over the project in February.

Just as the IPCC (which is composed of more than 2,000 scientists worldwide), the IPBES will not carry out research, but will be tasked to publish special reports that gather state-of-the-art studies conducted by recognized scientists around the

world. Its main objective is to bring about common indicators that will have an international scope and work as a bridge between the distant worlds of science and politics to make action ... and fast.

"IPCC and IPBES will probably also work together," says Babin, as there are structural links between biodiversity and climate change.

"Think about the rain forests that are immense carbon reservoirs and at the same time among the globe's major biodiversity hot spots."

IPBES will certainly have a lot to do in the next few years. A lot of hope is laid in this new panel that should be officially opened in 2010, during what the UN has already labelled the "year of biodiversity."

NADIA LODDO
METRO WORLD NEWS
IN PARIS

Greetings, Earthlings

Founder of Earth Day comes clean on being green

Denis Hayes is the man who made Earth Day a world phenomenon. When Earth Day was launched in 1970, Hayes was its first co-ordinator and turned the environmental day into a series of events attended by 20 million Americans. Twenty years later, Hayes launched the first International Earth Day. Result:

200 million participants in 141 countries. Today, he heads Earth Day Network, which co-ordinates Earth Day activities around the world.

Can the world become greener through a one-day event? Of course not! We have no illusions about that. What we were doing in 1970 was to get people from very different quarters to act together on problems like lead paint and highway construction. Today, too, people have to recognize that environmental problems don't stop at borders. We should start thinking of ourselves as one species.

"In 1970, most people didn't even think about the environment."

cleaner. We've cleaned up rivers and lakes and saved endangered species. But the world is in poorer shape than it was in 1970, in almost every aspect.

What is Earth Day's biggest accomplishment?

1970 to '74 was the golden era. We passed the environmental laws on which society still operates. Since then its biggest accomplishment has been getting millions of school children involved. Environmentalism has become a part of society. In 1970, most people didn't even think about the environment. Now, it's part of everyone's vocabulary.

What will the next environmental crisis be? The growing acidification of the world's oceans. It has devastating effects on



the smallest organisms, which will have tragic consequences on the whole food chain, including humans.

What is the most immediate environmental danger today? Carbon emissions.

What is the most important thing people can do to help the environment? Have no more than one child, or two at most. Live in an energy-efficient house. Walk and ride your bike.

ELISABETH BRAW
METRO WORLD NEWS
IN SAN FRANCISCO



Denis Hayes speaking at the first Earth Day event in 1970.

Washing in cold water can help reduce greenhouse gas emissions

Use cold water to wash your clothes. If every household in Canada did this, it would reduce approximately 1.5 billion kilograms of greenhouse gas emissions each year. **EARTH DAY CANADA**

earth day: april 22 **11**



Canaries in global coal mine

Their are numerous warning signs that global warming is affecting the Earth as we know it.

Here are some examples: **Ad lie penguins**

Global warming is affecting the Ad lie penguin colonies in the Antarctic peninsula. Over the last 50

years, winter temperatures have risen by about 5 C in the peninsula, reducing the amount of pack ice. Pack ice directly affects the availability of algae available for krill, the main staple of the penguin's diet. Without pack ice, there is no algae and no food for krills — a direct repercussion on the penguin's diet. In the last decade, the population of Ad lie penguins has declined by almost 50 per cent.

SOURCE: NATIONAL GEOGRAPHIC

Bees

Scientist Albert Einstein famously said: "If the bee disappears from the surface of the Earth, man would have no more than four years to live. No more bees, no more pollination ... no more men!"

Excessive pesticide use in North America has led to a decline of up to 50 per cent of managed colonies of honeybees.

Crops such as apples, pears and berries depend entirely on pollinators for fruit production.

SOURCE: BUMBLEBEE.ORG

Coral reefs

Coral reefs provide goods and services worth about \$375 billion each year — yet the coral ecosystem covers less than one per cent of the Earth's surface.

In fishing, both the food and marine ornamental trade are often caught using cyanide, which stuns fish for easy capture. Cyanide kills the coral and many other coral reef organisms such as coral polyps. Less than half the fish caught with cyanide survive long enough to then be sold to restaurants or aquariums.

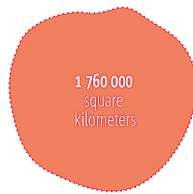
SOURCE: PEOPLEANDPLANET.NET
ROMINA MCGUINNESS
METRO WORLD NEWS
IN LONDON

The Great Pacific Garbage Patch

Is an area of marine debris, laying approximately 135  to 155  West and 35  to 42  North. Although it shifts every year and exact position is hard to tell. It lies within North Pacific Gyre and does not go anywhere, as it is confined by its currents.

The area

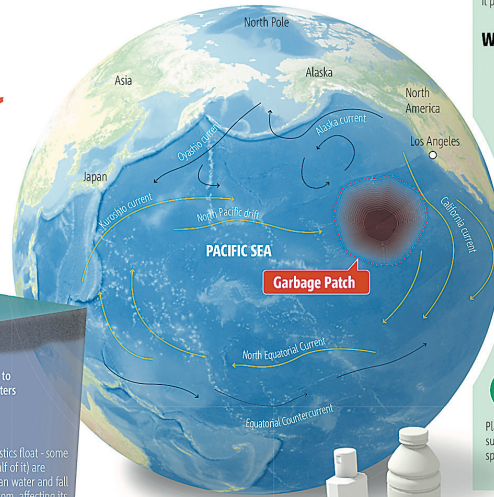
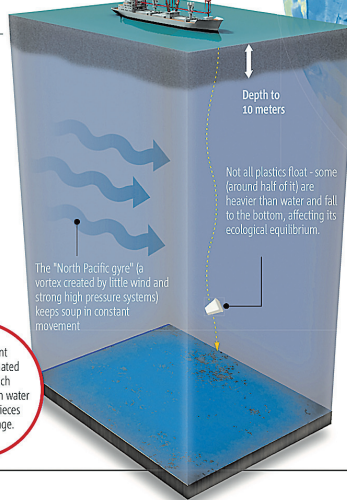
The Patch is around 2200 kilometers long and 800 kilometers wide



Almost 3 times more than Spain and Portugal combined

Plastic Soup

Consists of both larger and disintegrated plastic objects and particles, both on the surface, in the water column below it and on the bottom.



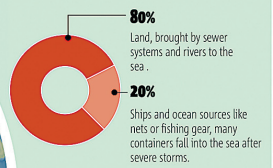
Problems created by plastic:

- It fouls beaches worldwide and scares tourists away.
- Plastic entangles marine animals and drowns them, strangles them and makes them immovable.
- Plastic litter washed ashore destroys habitats of coastal species.
- Plastic litter gets inside ships propellers and keels, making ship maintenance more expensive.
- Plastic does not biodegrade, plastic things make an ideal vessel and enable invasive species to move to further regions.

How does it form?

Currents in the Pacific Ocean create a circular effect that pulls debris from North America, Asia and the Hawaiian Islands. Then it pushes it into a floating pile of 100 million tons of trash.

Where does it all come from?



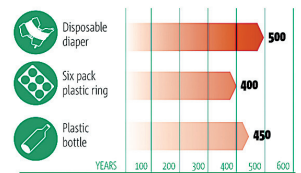
Interesting facts

Less than 5% of plastic is recycled. In the Central North Pacific Gyre, small pieces of plastic outweighed surface zooplankton by a factor of 6 to 1 in 1999. But the ratio in 2010 may already be 60 to 1.

Photodegradation

Plastic never biodegrades, it doesn't break down into natural substances. But it goes through a photodegradation process, splits into ever smaller and smaller parts, which are still plastic.

How long does it take to photodegrade plastic:



www.SVGgraphics.com

More plastic than plankton

Our oceans are covered in patches of garbage as big as a continent

At the heart of the oceans, areas as big as France, maybe more, are covered in garbage.

The most famous of these is the Great Garbage Patch, discovered in the late 1990s in the North Pacific Ocean between the United States and Asia. But it seems that another seven similar patches may exist, according to Seattle oceanographer Curtis Ebbesmeyer, one of the first scientists to take interest in the strange routes of plastic trash in the sea.

In his new book, *Flotsametrics and the Floating World: How One Man's Obsession with Runaway Sneakers and Rubber Ducks Revolutionized Ocean Science*, Ebbesmeyer

"From a boat, you start seeing everyday objects like toothbrushes and plastic bags on the outskirts of the vortex."

Fran ois Chartier, oceans campaign director at Greenpeace France

er explains his "science of floating objects," or "flotsametrics."

By observing trash on beaches, such as Nikes or rubber ducks, he identified several circular currents, or gyres, which, like whirlpools, bring together all the plastic and other solid garbage that ends up in the seas around the world.

Ebbesmeyer says the patches of debris may cover a surface "equivalent to several times the United States."

However, the garbage

patches are still unrecognized and neglected because they are basically difficult to see.

"From a boat, you start seeing everyday objects like toothbrushes and plastic bags on the outskirts of the vortex," explains Fran ois Chartier, director of the oceans campaign at Greenpeace France, the organization that revealed the existence of the Great Garbage Patch to the media.

"When you approach the centre of the patch, the trash is thicker and

some birds have actually started nesting on it."

But from the sky, even from satellites, there is "nothing to be seen," says Ebbesmeyer. "It's like tracking a ghost!"

Invisible plastic? Not really. The fact is that most of the pieces are quite see-through, like plastic bags. Others are fractions of bigger pieces of plastic that have disintegrated into bits as small as plankton.

"In the middle of the patch, there is six times more plastic than plank-

ton," Ebbesmeyer says.

This accumulation of plastic in the oceans is a serious menace for the environment and for human health.

"Dolphins suffocate on plastic bags, birds can die of hunger because their stomach is so full of undigested plastic that they can no longer eat," says Chartier.

But plastic also contains toxins (PCBs, heavy metals) that are harmful to humans and that are assimilated by plankton and other fish, which end up in the ocean's food chain, and, consequently, in your seafood chowder.

NADIA LODDO
METRO WORLD NEWS
IN PARIS

Go Green

Look after the planet — and look after yourself



Martin

Atkin

WWF

International



Most of us see trees, gardens, maybe even some fields or a river during our daily commute. Even in the busiest city, we can enjoy some contact with nature. Whether we live in a great rain forest or an urban apartment, our livelihoods — and our lives — depend on keeping the planet's biodiversity in good shape.

The truth is, we've spent our natural capital like there's no tomorrow and now we're faced with the bill. Just as irresponsible borrowing and spending got us into the present economic recession, so we've been piling up ecological debt by consuming and wasting more and more natural resources. If you think the economy is in bad shape, take a look at the planet.

WWF's Living Planet Report tells us that three-quarters of us live in countries that are ecological debtors — using up resources faster than nature can replace them. If we carry on consuming at our current rate, by 2030 we'll need the equivalent of two planets to maintain our lifestyles. Over the past 35 years alone, we have squandered nearly one-third of the Earth's biodiversity. Not only is this hugely damaging for the environment, but it doesn't make any economic sense. One recent report estimates that forest ecosystems alone are worth around \$28 billion a year — and a lot of that money is literally going up in smoke.

“The truth is, we’ve spent our natural capital like there’s no tomorrow and now we’re faced with the bill.”

As we increasingly worry about jobs and mortgages, we may be tempted to ignore the bigger picture. But Amazon deforestation, hungry polar bears and over-fished tuna are a challenge for all of us, because protecting natural resources means better food and water security, better human health and a better chance of fighting climate change.

The good news is — we know what needs to be done and we can afford it. We have a unique opportunity to use the trillions of dollars in stimulus packages to create a green global economy that could lift us out of recession, protect natural resources and tackle global warming. The first step is to agree to a fair, fast and effective global deal on climate change in Copenhagen this December. Then, in 2010 — the International Year of Biodiversity — the UN must lead the rest of the world in taking bold steps to reduce consumption and stop biodiversity loss within 10 years.

Earth Day is a good time to think about our shared responsibility to consume and sustain the planet's natural resources wisely — after all, it's in our own interest.

Small creatures do great things

Worms provide vital services to mankind such as working land ... and fighting against global warming

What would we do without worms?

“When we talk about biodiversity, we never really mention worms,” says Denis Loyer, deputy director of the French Development Agency (AFD). “But they actually have an essential role in producing food.”

Without worms, there would be no fertile lands. Worms are actually one single long digestive tube. Feeding on organic waste, they end up excreting a powerful natural fertilizer. That's how compost heaps work!

If pesticides can be harmful to these hard-working animals, it is surprising to discover that what is really bad for them is working the land. Worms are killed by birds and by the lack of food, while UVs finish the job by destroying all other microscopic life in the soil.

“The difference is enormous: Where land is laboured, you can find up to 50 kilograms of worms per hectare against two to four tonnes on non-laboured agricultural exploitations,” says Loyer. Today, many soils are biologically dead, with no more than one per cent of organic substance.

Darwin & worms

British naturalist Charles Darwin should be remembered for more than his theory on the evolution of the species. The last book he published in 1881 shows how, by many means, he was ahead of his time. With *The Formation of Vegetable Mold Through the Action of Worms*, he opened the doors of science to a seemingly insignificant species: The worm. He had friends and scientists send him samples of worm waste to analyze the benefits of this organic fertilizer. He took his job very seriously and also studied their behaviour — he even played the piano to them to test their hearing. Worms are actually deaf.

“When we talk about biodiversity, we never really mention worms.”

Denis Loyer

Chemical fertilizers feed plants but do not rebuild the natural capital of soils. Moreover, worms dig tunnels in the land that allow water to penetrate deeply instead of washing away wastefully — or worse, causing floods. This is why a non-laboured agriculture is being hailed as the future solution to feeding the world.

“A project we have in Tunisia shows that the farms are just as efficient, but have reduced costs thanks to less labour and less chemicals. Moreover, in dry countries, stocking water in the soil is very important,” adds Loyer. “This kind of agriculture is growing by 15 per cent per year.”

That's good news, and not only for worms. As a matter of fact, some climate change experts believe these shy creatures will also be on the front line tackling climate change.

One worm may be like David against the climate Goliath, but spread them around the world, and you get a result that may equal the benefit of stopping de-



forestation. How?

“Organic substance is basically carbon, so like trees stock carbon as they grow, increasing the quantity of organic substance in soils will develop their capacity to sequester carbon,”

says Loyer.

And we all know there's no one that can do that better than worms.




NADIA LODDO
METRO WORLD NEWS
IN PARIS

Hilton gets subpoena over Starwood spying claims

Hilton Hotels Corp. said yesterday it received a federal grand jury subpoena for documents related to allegations that the company stole documents from rival Starwood Hotels & Resorts to develop Hilton's luxury Denizen Hotels. **REUTERS**

13

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Track sale boosts CN Rail

PROFIT A gain from a track sale and other items helped Canadian National Railway Co. post a higher quarterly profit on Monday, offsetting the impact of the weak economy.

The railway remains leery of predicting when the economy will rebound, but said operational changes adopted in recent years were reflected in lower expenses in the quarter and will help even more when freight traffic rebounds.

The railway said it had a

net profit of \$424 million, or 90 cents a share in the first quarter. That compared with \$311 million, or 64 cents a share, in the same quarter a year earlier.

The profit would have been \$302 million without one-time items such as a \$157-million gain from selling a rail corridor to the Toronto area's transit operator and a tax recovery, the railroad said.

CN also said revenue in the quarter was \$1.86 billion, down from \$1.93 billion. **REUTERS**

Interest rate cut to 0.25%

The Bank of Canada took markets by surprise by cutting its benchmark interest rate to a historic low of 0.25 per cent yesterday and saying it was prepared to keep them there for another full year in an aggressive bid to spur a slumping economy.

The central bank, in an unusual move, told markets directly to expect rates to stay at the current level until the end of the second quarter of 2010, assuming inflation remains tame.

It also cut its economic growth forecasts to reflect its view that the Canadian recession will be deeper than it had previously predicted. It now sees recovery starting in the fourth

quarter of this year and not the third quarter, as it predicted in January.

known as quantitative easing.

It will, however, set out a framework to-morrow for that kind of unconventional policy. A majority of pri-

Free* premium roast coffee.

Breakfast hours from 5:00 - 10:30am, April 20 to May 3.



Small coffee only. Limit one per customer, per visit. Not available with any Extra Value Meal or value picks offer. Opening hours vary by restaurant. Until 11am on weekends. ©2009 McDonald's.

"I think that they are trying to engineer confidence in Canadian households and businesses that interest rates are going to stay low for the foreseeable future."

Aron Gampel, Scotiabank

"It reflects the concern the central bank may have for the global economy. More importantly, I think that they are trying to engineer confidence in Canadian households and businesses that interest rates are going to stay low for the foreseeable future," Gampel said. **REUTERS**

Business in brief

OILSANDS Oilsands giant Canadian Natural Resources Ltd. and two other companies face 53 charges under Alberta's Occupational Health and Safety Act, after a two-year investigation into the deaths of two foreign workers near Fort McMurray in April 2007.

SPINOFF Husky Energy Inc. plans to spin off its Southeast Asian assets, including the huge Liwan gas field, into a separate company to boost its share value once it sees some economic stability, the company's chief executive said yesterday. **METRO NEWS SERVICES**

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INFORMATION FEATURE

Nature, Disney-Style

Disneynature revives tradition of documentary excellence

By Lori Dance

Seeking to capitalize on the recent success of nature documentaries, Disney looked back at its own long-dormant True-Life Adventures division—which not only garnered eight Academy Awards from 1948 to 1960, but also fostered fond memories for generations of schoolchildren—to inspire the first Disney-branded film label in over 60 years.

"Nature invents the most beautiful stories," says Jean-François Camilleri who, besides having been involved with the Academy Award-winning film *March of the Penguins*, is executive vice president and general manager of Disneynature. "So in a place like the Disney Studios, where storytelling is key, we are going to go and... bring them to the big screen. This was a vision of Walt Disney back in 1948, and this is the vision of Disneynature today."



Director
Alastair Fothergill

For its first film, *EARTH*, the Disneynature team looked no further than directors Alastair Fothergill and Mark Linfield, the creative team behind the Emmy Award-winning *Planet Earth* series, for assistance. "I think *EARTH* is a perfect film to start the Disneynature series... because it is a portrait of the whole planet," Fothergill asserts. "In over five years, we filmed at over 200 locations in 64 countries worldwide and

employed 60 cameramen... Nobody in the history of cinema has ever had so much time, resources, and talent brought together for one true-life feature."

“ Nature invents the most beautiful stories ”

Disneynature is developing numerous titles concurrently and plans to release at least one feature-length documentary each year. *Oceans*, slated for 2010, will rely on new technology to capture detailed underwater drama where few have previously ventured. *Big Cats*, to be released in 2011, follows three species as they protect and teach their cubs on the great plains of Africa. And the directors of *EARTH* will reunite for 2012's *Chimpanzee*, shot over three years in the tropical jungles of the Ivory Coast and Uganda.

To find out more about the Disneynature brand or to download educational materials, visit disneynature.com



We do not inherit the earth from our ancestors, we borrow it from our children.

~ Native American Proverb

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**“ABSOLUTELY
DON'T A**

Teri Hart, THE MOVIE NET

Disneynature
earth

NARRATED BY
JAMES EARL RAY

DISNEYNATURE PRESENTS "EARTH" A BBC, GREEN
A BBC NATURAL HISTORY UNIT FILM CINEMATOGRAPHY BY
SOUND ANDREW WILSON KATE HOPKINS AND TIM OWENS PRODUCTION AMANDA
PERFORMED BY THE BERLINER PHILHARMONIKER WRITTEN BY LESLIE MEGAHEY ALASTAIR FOTHERGILL
EXECUTIVE PRODUCERS MIKE PHILLIPS ANDRE SIKOJEV STEFAN BEITEN WAYNE GARVE MARTYN
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GILL MARK LINFELD ASSOCIATE PRODUCERS MELISSA CARON AMANDA HILL MICHAEL HENRICH
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INFORMATION FEATURE

Three Families, One EARTH

Disneynature's first film explores the animal kingdom from pole to pole

By Lori Dance

On April 22, Disney will celebrate Earth Day with the premiere of the first film in its Disneynature series. Narrated in thrilling detail by James Earl Jones, **EARTH** follows the journeys of three animal families as they interact with the ever-changing world around them.

On a group of Nordic islands is where you'll meet the polar bears. The world's largest land predators travel hundreds of miles for something to eat, yet they don't drink water. A male ventures far to hunt as a mother emerges from a snow den with her two cubs. The pack ice melts earlier each year, and food is becoming a challenge.

To visit the next family, you'll travel far south as an elephant mother guides her tiny calf across the Kalahari Desert in search of fresh water, of which an adult can drink 50 gallons each day. In this dry season, however, thick clouds of dust threaten to separate them, and they are forced to share what little refreshment they find with hungry lions.

Finally, you'll witness an epic 4,000-mile migration. In tropical waters, a humpbacked whale calf receives over 600 quarts of milk each day, but its mother is starving. The pair set out on the longest journey undertaken by any marine mammal to the southernmost Antarctic waters to feed on krill and small fish before they turn around and journey back to the Equator.

The supporting cast of this story includes, among over 40 other animal species, some painfully adorable mandarin ducklings who, at their mother's urging, fling themselves 30 feet from their nest to the ground. Will they fly? Will they bounce? You'll just have to wait until Earth Day to find out...

To check out more exclusive and super-cute behind-the-scenes footage of the film's three main families, visit disneynature.com/earth.

Trees for Tickets

Plant yourself in front of EARTH, and Disneynature will plant a tree on Earth

By Lori Dance

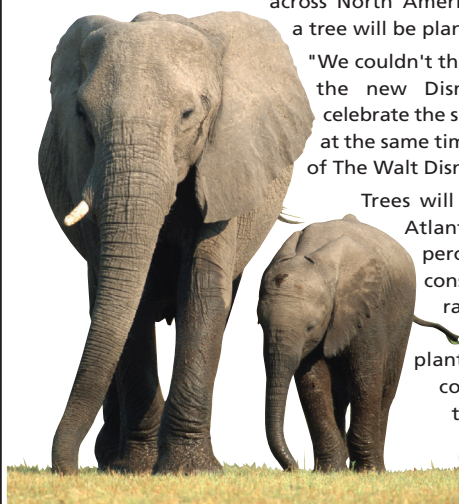
Disney and Metro have a convenient truth for you: for every ticket purchased during the opening week of **EARTH**, being released across North America on Earth Day (April 22), a tree will be planted in your honour.

"We couldn't think of a better way to launch the new Disneynature banner, and to celebrate the spirit of the film and Earth Day at the same time," says Dick Cook, chairman of The Walt Disney Studios.

Trees will be planted in the Brazilian Atlantic Forest which, at only 7 percent of its original capacity, is considered the most endangered rain forest in the world.

Disney is overseeing their planting and care, and Metro is contributing advertising space to support the program.

For more information, including ticket availability at your local theatre, visit disney.com/earth.



The general manager of the Saskatchewan Roughriders has pleaded not guilty to a charge of sexual assault. Eric Tillman was not at the provincial courthouse in Regina yesterday, but his lawyer, Aaron Fox, entered the plea on his behalf. **METRO NEWS SERVICES**

Tillman enters not guilty plea

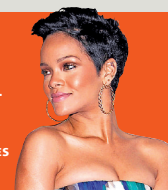
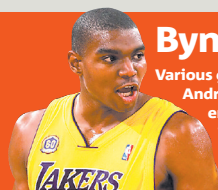
Sports

EDITOR: JOHN.CHICK@METRONews.CA

Bynum under Rihanna's umbrella?

Various gossip sites and bloggers are reporting that Los Angeles Lakers centre Andrew Bynum is currently dating singer Rihanna. "The couple dined in Beverly Hills. When they left together, a witness reports that they looked 'very couple-y, sitting real close to each other in the car.'" said a report on The Big Lead.

METRO NEWS SERVICES



SCOREBOARD

NHL

STANLEY CUP PLAYOFFS YESTERDAY'S RESULTS

Carolina 4 New Jersey 3
Detroit 4 Columbus 1
Pittsburgh 3 Philadelphia 1
Vancouver 3 St. Louis 2 (OT)
San Jose at Anaheim

TONIGHT'S GAMES

Boston at Montreal
Washington at N.Y. Rangers
Chicago at Calgary

NBA

PLAYOFFS YESTERDAY'S RESULTS

Cleveland 94 Detroit 82
Houston at Portland
Utah at L.A. Lakers

MLB

YESTERDAY'S RESULTS

Texas 5 Toronto 4
N.Y. Yankees 5 Oakland 3
Pittsburgh 3 Florida 2
Cleveland 8 Kansas City 7
Houston 8 L.A. Dodgers 5
Philadelphia 11 Milwaukee 4
St. Louis 6 N.Y. Mets 4
Washington 4 Atlanta 3
Chicago White Sox at Baltimore
Minnesota at Boston
Detroit at L.A. Angels
Tampa Bay at Seattle
Cincinnati at Chicago Cubs
Colorado at Arizona
San Diego at San Francisco

Sports in brief

NBA Magic centre Dwight Howard was named NBA Defensive Player of the year yesterday. At 23, Howard is the youngest player to win the award. **METRO NEWS SERVICES**

Canucks move on with sweep

STANLEY CUP 2009 Playoffs

Alex Burrows scored with 19 seconds remaining in the first overtime, lifting the Vancouver Canucks to a sweep of the St. Louis Blues with a 3-2 win in Game 4 of a Western Conference quarter-final series in St. Louis.

With time winding down in the extra session, Willie Mitchell cleared the puck out of his zone and down the other end. Burrows grabbed the puck along the right boards and from the right circle wristed it between the five-hole of Chris Mason to win the game at the 19:41 mark.

Burrows also had a goal in regulation along with Kyle Wellwood, while Roberto Luongo made 47 saves for the third-seeded Canucks, who swept a best-

of-seven series for the first time in club history.

Brad Boyes and David Peron each had a goal while Mason stopped 33 shots in the loss for the Blues, who were in the postseason for the first time since the 2003-04 season.

Penguins 3 Flyers 1

Marc-Andre Fleury had an outstanding game with 45 saves as the Pittsburgh Penguins took a 3-1 win over the Philadelphia Flyers in Game 4 of the Eastern Conference quarter-finals at Wachovia Center.

Sidney Crosby, Tyler Kennedy and Maxime Talbot each had a goal for the Penguins, who now hold a 3-1 lead in this best-of-seven series. Pittsburgh has a chance to win the series tomorrow in Pittsburgh.

Red Wings 4 Blue Jackets 1

Chris Osgood was terrific



Vancouver Canucks goalie Roberto Luongo celebrates with Ryan Johnson after a four game sweep of the St. Louis Blues.

between the pipes again, making 31 saves, and Henrik Zetterberg scored twice

as Detroit defeated the Blue Jackets 4-1 to grab a commanding 3-0 lead in their

Western Conference quarter-final series. Dan Cleary registered a goal and two assists and Tomas Holmstrom also tallied for the Red Wings, who have won the first three games and will look to complete the sweep tomorrow in Columbus.

Hurricanes 4 Devils 3

Jussi Jokinen tipped in Dennis Seidenberg's point shot at the third-period buzzer to lift Carolina over New Jersey 4-3 and tie the series at two games apiece.

With the game tied at three in the final minute of regulation, Joni Pitkanen had the puck near the blue line and sent a pass to the right point. Seidenberg blasted a shot with only seconds on the clock, and Jokinen, providing a screen on Devils goaltender Martin Brodeur, redirected it into the net as the buzzer sounded. **METRO NEWS SERVICES**

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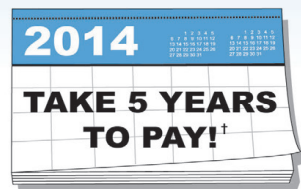
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NBA Cavs stuff Pistons



LeBron James guards Detroit's Rodney Stuckey in Game 2 of their playoff series last night. James scored 29 points and had 13 rebounds as Cleveland won 94-82 to take a 2-0 series lead.

Rubio to enter NBA draft

Spanish basketball prospect Ricky Rubio has decided to enter June's NBA draft, according to reports. **METRO NEWS SERVICES**

sports **17**

Not your typical jock

STEPHEN JOHNSON
for Metro Canada



Julian Radlein is not a typical environmental activist. He is a six-foot-two, 245-pound former fullback with the Hamilton Tiger-Cats who was adept at crushing opposing linebackers. But he's also one of Canada's leading advocates for environmental awareness.

Radlein enjoyed a five-year career with Hamilton from 2003 to 2007. During this time, he was active in the Hamilton environmental community. His involvement ranged from encouraging people to eat locally to performing an environmental audit at Ivor Wynne stadium. Radlein credits his interest in the environment to early exposure.

"My dad was a chemist so I grew up with science and a respect for the environment. I studied ecology at UBC. I like to think of myself not as an environmental activist but more as a survivalist. Clean air, water and soil are essential to sustaining life."

After retiring from the CFL last year, Radlein formed Evergreen Sports Programming with former Saskatchewan Roughriders Dustin Cherniawski.

The company focuses on delivering an environmental message by using football players as their spokespersons. The keystone activ-



Julian Radlein started Evergreen Sports Programming.

EARTH DAY: APRIL 22

Go
Green

ity of their company is the GreenZone Sustainability Blitz — Speaker Series.

"We focus on three pillars of sustainability: reduce, reuse and recycle," said Radlein.

B.C. Lions linebacker Javier Glatt spent his off-season presenting the Sustainability Blitz program to schools across B.C. Glatt feels the high-energy activities of the program help to make it popular with children of different ages.

"We always start with a pep rally where the whole school comes together. There are environmental games that have students competing against the athletes. We have a water relay, energy challenge and waste

relay. It is funny how the students always seem to win."

Glatt tries to deliver his message in a language the students understand.

"When I speak to schools in Vancouver, I always ask the students to imagine if they could not see the mountains due to smog. Also, I talk about the importance of clean air and fresh grass for things like recess. When you start talking about recess being in jeopardy, all the students immediately listen."

The GreenZone Sustainability Blitz is currently being presented in B.C., Alberta and Ontario.

On the web

For more on the GreenZone Sustainability Blitz, check it out online at greenzonechallenge.com

Canadian outdoor NHL game could only be held here or Calgary

The word is out that the NHL's next outdoor game will take place next season at Fenway Park in Boston. And with it, comes complaints from up here that the league is avoiding holding one in Canada.

Yet the reason is simple. At this moment, there is only one outdoor stadium in this entire nation that seats more than 40,000 people — Commonwealth Stadium in Edmonton, the very field that hosted the NHL's first outdoor venture in 2003.

While it might make you feel warm and fuzzy to imagine NHLers taking the ice at Montreal's Percival Molson Stadium or Toronto's BMO Field, these games aren't staged to make the league feel warm and fuzzy. They are staged to maximize profit, and that (and that alone) is the



John
Chick

metronews.ca/sports

only reason they are staged. When you sell 40,000 tickets to a hockey game, you double your gate in addition to swelling TV numbers.

Aside from Commonwealth, McMahon Stadium in Calgary is the only current outdoor venue in the country worth doing it in. With 36,000 seats, it's 17,000 more than the Pengrowth Saddledome (and only about 2,000 smaller than Fenway).

BMO? Twenty thousand, or merely 2,000 more than the Air Canada Centre. Similar story with Molson Stadium and the Bell Cen-

tre. The Big Owe? Sorry, the roof's screwed on tight now. The Rogers Centre? Sorry, no on-field drainage system. The retractable-roofed version of Vancouver's B.C. Place? Possible, but unbuilt as of yet.

Some corners have said the Ottawa Senators could play a game on the Rideau Canal. My advice to them would be to not smoke marijuana before making suggestions for where the Ottawa Senators play outdoor games. A frozen waterway with 40,000 temporary metal seats? That's even more temporary seating than most Grey Cup games.

And anybody think about the luxury suites? It's doubtful Eugene Melnyk or any other owner would look the other way on that sweet action.

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Metro Drive

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

Canadian student car wins

A student team from Laval University in Quebec topped more than 500 students from North and South America to win the 2009 Shell Eco-marathon Americas. The team took the grand prize in the prototype division, with a combustion-engine vehicle that achieved 1,172.2 km per litre.

METRO NEWS SERVICES

Toyota Prius gets overhauled

Hybrid an eco-friendly driver's car

ROB BEINTEMAW
for Metro Canada

I'm standing on the gas, the pedal flat to the floor and that's where it's gonna stay, fuel economy be damned.

We're leaving the flats of the Napa Valley, spiraling up into the Mayacamas, trees and rock face blurring past, engine moaning, tires gripping nicely, only the occasional peep-peep-peep of traction and stability control warnings as I go into a hairpin corner too hot, you know, one of those corners where you almost have to look behind yourself to see where you're going. Then, back on the gas and we are clawing towards yet another

EARTH DAY: APRIL 22
Go Green

er curve on the mountain road.

And, no, you're not reading the wrong story.

This is the 2010 Toyota Prius, the third and latest generation of the fuel-efficient, low-emission hybrid dear to the hearts of 14,000 or so environmentally-sensitive Canadians who have bought one since its introduction a decade ago.

To build a car that appeals to a broader audience while staying true to the environmental expectations of the faithful, over 2000 engi-

2010 Toyota Prius

Type: Mid-size hybrid sedan

Price: Not available

Engine: 2ZR-FXE 1.8-litre VVT-I DOHC four-cylinder with electric motor assist (134 hp / 105 lb-ft of torque).

HP: 3.7/4.0/3.8L/100km (city/hwy/comb)

neers worked on a product that boasts a long list of firsts along with over 1000 patents.

The 2010 Prius starts on the MC platform shared with Scion XB. The previous Prius had all the soulless enameur of a science project — econo car trappings and nonsense trim topped by a utilitarian little shifter sticking awkwardly out of



The 2010 Toyota Prius has more room, more power, and, of course improved fuel efficiency.

the dash.

The 2010 Prius is a driver's car, with true cockpit feel courtesy of a raised console in "freeform geometric design", mounting a handsome little shifter that's so cute you just want to hang onto it. The layout is complemented by a sporty oval steering wheel, push button start, new graphic displays, soft touch padded materials, more comfortable seating and a leaf pattern grain texture on dash, door panels and fabric.

But enough about looks,

let's get to the meat of the matter.

The Prius' Hybrid Synergy Drive is 90 per cent new for 2010. Unlike most other hybrid vehicles available, Prius has always been a "full" hybrid, allowing it to run on engine alone, battery alone, or both.

The powertrain improvements start with a bigger 1.8-litre DOHC gasoline engine. Other improvements come with the new engine, a lighter electric motor and generator, improved cooling to components, more

compact battery packaging, a lighter transaxle, an improved CVT transmission and, importantly for Canada, an exhaust heat recovery system that was winter-tested in Timmins, Ont., and that proved to provide quicker warm-up and better cold weather fuel efficiency.

The net result? Twenty-two per cent more power and seven per cent less fuel consumption. The 2010 Prius is rated at 3.8L/100km combined, better than the previous model's 4.1L/100km rating.



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Fun heart of Soul

Kia impresses with new compact SUV

EMMA E FORREST
Metro World News

One of several new boxy cars coming out, this new Kia is not just full of soul, it's stylish and it's also a huge amount of fun.

The Korean carmaker's compact SUV is its most distinctive design yet and set to be a trailblazer for the brand.

New design director and Audi TT designer Peter Schreyer has produced a striking car with faux-4x4 credentials. It has boxy

2010 Kia Soul

Type: Compact SUV
Price: from \$15,495
Engine: 1.6 litre
HP: 124 bhp

Highlights

- Wallet-friendly, eco-friendly off-roader
- Fun to drive

looks along the same lines as the Nissan Cube, Honda Element and Scion xB, is high off the road and it also offers the same in-town

practicality as a 4x4, but is obviously cheaper to buy and far more economical — and ecological — than a real off-roader.

There's a selection of fun coloured exteriors and original interiors — including a dogtooth pattern. There are three special editions including the Diva and Samba, but it's the Soul's Burner that's the bomb — this bad boy comes in black with red highlights, a dragon design on the outside, hot black wheels and a flashy red and white interior.



Metro Global Motoring Editor Emma E Forrest poses with the 2010 Kia Soul

This model also has a brilliant feature — red lights in the speakers that flash in time with the music you're listening to.

These things are essential

for the type of driver that Kia expects to appeal to, a young, urban crowd like you, who will want to ferry their friends around and maybe not mind so much

that the boot won't fit more than one baby buggy. It all adds to the fun experience of driving this car — it feels solid, but is also nippy and agile.

Carbon fibre catching on

AutoPilot

Michael Goetz

metronews.ca/autopilot

"Carbon fibre is incredibly strong and stiff for its weight."

At first blush the just-released Mercedes-Benz SLR Stirling Moss might not appear to be the ideal subject to discuss today ... today being Earth Day.

Some of you might even suggest that such an extravagant vehicle shouldn't even be built in the first place. Well, you sort of have your wish, because they're only making 75 of them. There, happy now?

But everyone and everything has a part to play in moving towards more Earth-respectful human mobility — even, surprisingly, a \$500,000-plus sports car that can only carry two people and about 18 minutes worth of luggage.

The part played by this, and the other models in the SLR range (roadster and coupe), is advancing the use of carbon fibre in "mass produced" production vehicles.

Carbon fibre is incredibly strong and stiff for its weight. As such, it's become the material of choice for such things as hockey sticks, tennis and badminton racquets, and now bicycles frames. (I play a bit of hockey and badminton, so when they get around to making a beer bottle out

of the stuff, I figure my leisure time will be carbon-fibre complete.)

Its strength comes from the way it's made — strands are layered and woven together in specific patterns, and each time out, it's done differently, to precisely fit the task at hand. Not dissimilar to the way Mother Nature goes about building her stuff.

But such a customized and fussy process, adds much cost and time. And the raw material for carbon fibre is already way more expensive than aluminum or steel.

The SLR is unique not only because its body panels are made of carbon fibre, but also its superstructure. This body shell is made by McLaren — the same firm that builds McLaren F1 racing cars. F1 is where all the big envelope pushing gets done, when it comes to carbon fibre and four wheels.

Mercedes and McLaren have developed material and process systems to speed up both the creation and assembly of carbon fibre components. The team took their cues from the textile in-

dustry, as some of the automated systems resemble weaving machines.

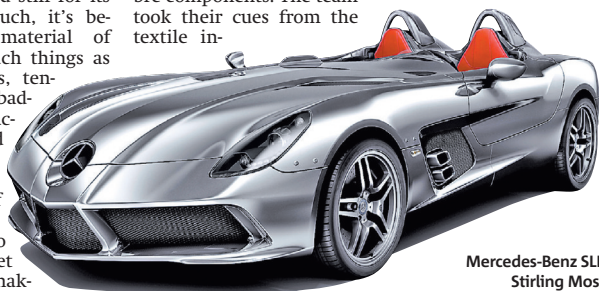
High heat areas, such as engines and exhausts, will always be made of metal for the foreseeable future, but how about everything else?

In an email interview, James Banks, Mercedes' body function manager, said, "It is quite feasible that small structural parts could start appearing on production cars within the next few years ... Personally, I believe carbon fibre crash systems and class A bodywork are the two areas of the automobile that are likely to see the biggest advances in the coming years."

When this does happen, it will be another example of trickle-down technology, in the constant pursuit to make all cars safer and lighter and more fuel-efficient.

And if you have to build something high, to get the necessary gravity, you could do worse than this gorgeous SLR, built as a homage to the original SLR that racing legend, Stirling Moss, which famously drove to a succession of victories in 1955.

Michael Goetz has been writing about cars and editing automotive publications for more than 20 years. He lives in Toronto with his family and a neglected 1967 Jaguar E-type.



Mercedes-Benz SLR Stirling Moss



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*Class is Small SUV. EPA-estimated 31 city/39 hwy mpg (9.2 city/7.2 hwy L/100km).

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Youthful Lincoln MKS

ROB BEINTEMA
for Metro CanadaThe 2009 Lincoln MKS is
taking the brand's design
DNA into a new era.

After almost a hundred years of automotive history, it's easy to equate Lincoln with luxury. Which carries its own dangers of design inertia and hidebound tradition. But Lincoln designers seem to be aware that "tradition should be a guide, not a jailer." Especially in the face of increased competition in the premium class.

Lincoln continues to try to reinvent itself to appeal to a younger audience and a wider swath of the marketplace.

It's not an easy process. It requires the compromise of pleasing your regular fans with the familiar, while simultaneously trying to attract new buyers with novelty and innovation. The latest end result of that blended process — the 2009 Lincoln MKS.

Central to the design, a striking double-wing grille, playing on Lincoln's tradi-



A palette of available interior colours and a long list of standard equipment are all found inside the 2009 Lincoln MKS.

tional waterfall grille motif, angles to the jewel-styled headlamps that wrap around the vented front fascia and flow into a sharp crease along the

high beltline.

That high beltline is emphasized by the sweep of windshield, the elevated rear deck, and the deep seating and high console inside the car.

In a new age of tall wagons, CUVs and other crossover hybrid styles, the MKS sits and feels very much like a traditional car, still typically North American in style and spirit. But, then again, this ain't exactly Grandpa's Lincoln.

A full suite of very modern available technologies includes:

- SYNC, a hands-free, voice-activated hands-free in-car communication and entertainment system developed by Ford and Microsoft. The system integrates Bluetooth-enabled cellphones, your iPod, or other digital media players.

- Intelligent Access with Push Button Start — a first for Lincoln — allows the driver to unlock the vehicle with the fob or touch the heat-sensitive keyless entry pad on the B-Pillar and start the engine with a push-button on the instrument panel.

As tested, my front-wheel-drive model behaved civilly enough, wriggling with a little torque steer only under the hardest acceleration, pulling the MKS' somewhat porky 1872 kg (4127 lbs) of curb weight satisfactorily up to speed with a burly background roar. Fuel economy numbers vary according to sources but we'll go with the optimistic Canadian Energy guide ratings of 12.9/8.8L/100km (city/hwy).

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2009 Lincoln MKS

Type: Full-size premium sedan**Price:** From \$47,799**Engine:** 3.7-litre Duratec V6 (273 hp, 270 lb/ft)

Highlights

- Full suite of modern gadgetry
- Luxurious but trendy



Ford's innovative technology MyKey will be a standard feature on the 2010 Focus.

Putting brakes on teens

JIL MCINTOSH
for Metro Canada



When your teenager takes out the family car, you may not always know where he is. But thanks to Ford's new MyKey system, you'll have a better idea of what he's doing.

Debuting on the 2010 Focus and planned for several more models, MyKey is a no-charge standard feature that limits the car's top speed, prevents the traction control from being disabled, chimes warnings at pre-set speeds, encourages seatbelt use, and caps the volume on the audio system. It works through the message centre in the instrument cluster, and is invisible to drivers who don't want to use it.

Parents program keys through the ignition, turning them into "MyKey

keys." These trigger the pre-set system when they're used to start the car, limiting what the vehicle will do.

One key always remains the "administrator," and is used to program others; it also lets parents operate the vehicle without limits. The MyKeys can be wiped clean or reprogrammed at any time, if desired. Any microchipped key can become a MyKey, whether it's one of the keys that comes with the car, or purchased from the dealer.

Starting the car with a MyKey always triggers three automatic defaults. The regular seatbelt reminder chimes, but the stereo won't work until the driver has buckled up, as well as any front-seat passenger. The low-fuel warning comes on at 120 km to empty, rather than the usual 80 km notice.

And if the vehicle is equipped with special safety features such as Park Aid or the new Blind Spot Information System, these can't be disabled by the driver.

Beyond those, parents can also program in speed alert chimes at 72, 88 or 105 km/h; the inability to disable the traction control; a limit of 44 per cent of the stereo's volume; and a limited top speed of 130 km/h. (That's higher than most of Canada's speed limits, but it's permissible on some U.S. highways, and Ford determined that the car must be driveable everywhere.)

And if your teen's a technology wizard, fear not. "The system tracks the kilometres, and so the parents can see if the MyKey is being used," said Kerri Stoakley, Ford's communications manager.

Nissan 370Z roadster unveiled

DEBUT The 2010 Nissan 370Z roadster made its global debut at the recent New York auto show, wowing visitors with its classic open-air sports car looks.

The roadster shares its engine, transmissions, suspension, platform and most major components with the coupe. The cutting-edge technology includes the standard 332-horsepower 3.7-litre DOHC V6 engine and choice of 7-speed automatic transmission or close-ratio six-speed manual with available SynchroRev Match (the world's first synchronized downshift rev matching manual transmission).



2010 Nissan 370Z roadster

"The 370Z Roadster delivers the same exceptional performance offered in the Coupe and more refinement than any other Z convertible that has come before," said Jeff Parent, vice president of sales and marketing, Nissan Canada Inc. "Features such

as its one-touch, auto-locking convertible top and beautifully crafted interior might be unexpected in a car this sporty."

The Z(R) Roadster is expected in Canadian Nissan dealerships in late summer. **METRO NEWS SERVICES**



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Keep on truckin'

2009 Silverado Hybrid paints the pickup green

JIM ROBINSON
for Metro Canada



There will always be a sunrise.

There will always be an England.

And there will always be pickup trucks.

Sure, truck sales are off but an interesting thing is happening south of the border, and to a lesser extent here. Pickup truck sales (but not SUVs) are on the upswing.

As soon as the price of fuel started to drop, Americans began buying pickups again. So it turns out it's the cost of fuel, not vehicle price, that's a determining factor in truck purchasing.

2009 Chevy Silverado 2-Mode Hybrid

Type: Full-size SUV

Price: Base, \$50,875. As tested, \$52,445 including \$1,300 shipping fee

Engine: 6.0-litre, DOHC V8/electric motor (332 hp, 367 lb/ft)

Highlights

- Affordable hybrid system for a pickup
- Many standard features

And, frankly, when Prime Minister Stephen Harper's federal infrastructure money starts flowing, people won't be hauling wallboard and cement

mixers to the job site in Honda Civics. They're going to need a pickup.

However, there is still the uncertain cost of fuel. So the question is whether or not you can have your pickup cake and eat it too.

General Motors is alone in offering a full-size hybrid pickup that can tow up to 6,100 lb and get up to 9L/100 km on the highway. I know because I did it.

GM's green trucks are based on the 2-Mode Hybrid System currently found in the GMC Yukon



The 2009 Chevrolet Silverado Hybrid full-size SUV saves up to 25 per cent on fuel consumption by running on battery power, gasoline engine or a combination of both.

EARTH DAY: APRIL 22

Go Green



and Sierra, Chevrolet Tahoe and Silverado (tested here) and Cadillac Escalade.

This is a "full" hybrid system, in that it can operate on electric power, gasoline power or a combination of both for a claimed saving of up to 25 per cent.

While the GM Hybrid system is one of several affordable hybrid technol-

gies, it is the most adaptable for large vehicles. In fact the 2-Mode hybrid system was adapted and refined from the hybrid technology GM has used in city buses since 2003. It is now the first hybrid system used in a full-size SUV.

At all times, the 2-Mode Hybrid system collects torque-based data, deciphers it, and then determines the most fuel-efficient means of propelling the vehicle.

This results in a number of ways to save fuel such as:

engine off at idle; electric-only propulsion to 48 km/h in light load conditions; electric boosting during acceleration blends with engine power to save fuel; cutting off fuel to the engine during vehicle deceleration; active fuel management cylinder deactivation technology; and regenerative braking and engine speed and load control.

The Silverado Hybrid has a fuel rating of 10.5L/100 km (27 mpg) city and 9.8L/100 km (29 mpg) highway.

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Golf, FCX Clarity honoured

AWARD The all-new Volkswagen Golf edged out the Toyota iQ and the Ford Fiesta to bag the 2009 World Car of the Year title at the recent New York International Auto Show.

The sixth generation Golf made its first appearance at the Paris Motor Show last fall, and was unveiled in North America at the Canadian International Auto Show in Toronto this February.

The new Golf will be coming to Canada this fall as a 2010 model.

Honda's FCX Clarity took home the eco-friendly honours in New York as it was named the 2009 World Green Car.



Actress Jamie Lee Curtis poses with Honda's FCX Clarity.

The FCX Clarity, a sleekly styled hydrogen fuel cell-powered sedan currently available on a limited lease-basis, is powered by an electric motor that runs on electricity generated by an on-board fuel cell stack.

The vehicle's only emission is water, and its fuel efficiency is up to three times that of a modern gasoline-powered automobile and two times that of a gasoline-powered hybrid vehicle. **METRO NEWS SERVICE**



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Porsche thrills for the people

MARK ATKINSON
for Metro Canada

When Porsche announced it was pulling out of most major auto shows, including February's Canadian International Auto Show in Toronto, it caused waves in the industry.

In an effort to thrill would-be customers into buying, the company decided to throw its full weight behind its World Roadshow, a travelling circus of Porsche vehicles and personnel that provides the ultimate test drive.

While this is the roadshow's 11th year, it's being held in Canada for the first time. The event kicked off last week at the Mosport International Raceway near Toronto and is scheduled to end this Friday.

The goal is to run 350 prospective buyers through a one-day program, in the hope, as one official put it, of spreading "the Porsche virus."

The program involves different activities, ranging from performance testing a 911 Turbo Cabriolet, to using a Cayman S or Boxster S around a slalom course, to off-road driving with a number of Cayenne models, and, of course, lapping Mosport's challenging



The Cayenne was among Porsche's fleet at the World Roadshow.

"(People) experience for themselves just what makes our vehicles so special."

Porsche Canada's
Jasmin Rawlinson

four-km circuit.

The machines in use to pound around the road course are a great mix of models, from a basic-but-focused 911 C2S with sport-chrono package and six-speed manual, to a more relaxed 911 Targa 4 with PDK, Porsche's new twin-clutch automatic gearbox.

There was a full-on track-oriented Cayman S with body-hugging one-piece sport seats, PDK and carbon brakes that was a real favourite on media day, while the bright-copper

Cayenne GTS at the tail didn't hold anyone up, with the large SUV easily hitting 190 km/h up the Andretti Straight.

"The Porsche World Roadshow is a large, ambitious event," said Jasmin Rawlinson, Porsche Canada's director of marketing.

"Experience with the roadshow in other countries has proven the best way to sell Porsches is to put people behind the wheel. This way, they experience for themselves just what makes our vehicles so special."

Porsche Canada is hoping for to attract a good number of orders from the event, especially as "eighty-plus per cent of the people sent to the event have never owned a Porsche before," Laurance Yap, public relations manager for Porsche Canada, explains.



Porsche Canada allowed its would-be customers to test drive its models at the World Roadshow.

Daimler testing car2go

TESTING Daimler is bringing its innovative mobility concept to the U.S. by the fall of this year.

The first international pilot will start in the Texas capital Austin with an initial fleet of about 200 fuel-efficient smart fortwo cars.

Called car2go, it provides a simple, flexible, and cost-effective solution for city driving. The U.S. introduction coincides with the expansion of the pilot in Ulm, Germany, where the company opened the service to the public on March 26 after the internal test which started last October.

The car2go concept is based on a fleet of Smart fortwo vehicles which are available for rent to registered members at any time, 24/7, making city driving as easy as using a mobile phone.

Contrary to traditional car-sharing programs, car2go offers the freedom



Daimler will bring its innovative mobility concept to the U.S. by the fall this year with an initial fleet of about 200 fuel-efficient Smart fortwo cars available for rent to members.

to get in a car and drive at any time of day without reserving a car in advance.

The vehicle can then be used for as long as required and returned to any

available parking location within the defined area of operation, a mobility solution offering maximum flexibility.

FROM CARGUIDE



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ford.ca

Through June 30, New York City visitors can get a buy-one-get-the-second-one-half-off deal at more than 100 businesses and organizations including museums, tours and attractions, arts and entertainment venues, nightlife spots and spas. See nycgo.com/realdeal. **METRO NEWS SERVICES**

Travel

TRAVELDESK@METRONEWS.CA



Aztec exhibit

The British Museum in London will launch an exhibition called *Moctezuma: Aztec Ruler* on Sept. 24. One of the feature objects will be this turquoise mosaic and cedar wood mask from Mexico, which dates from the 15-16th century AD. Visit britishmuseum.org.

REUTERS

Exploring the Scottish countryside

Natural magnificence is the backdrop to this rural getaway

EMMA E. FORREST
Metro World News



If a rugged wilderness with golden eagles soaring overhead and expansive mountain ranges sounds like a setting that's only on offer in North America, maybe it's time for you to experience the natural magnificence of rural Scotland.

Your adventure should start in London when you board the Caledonian Sleeper train. This over-nighter is a magical experience — you step on at London's hectic Euston Station, have a few beers as you pass through England, put your head down in

your cozy bunk, and when you're woken up with a cup of tea at 6 a.m., you find yourself in the wide-open Scottish countryside.

Our destination was Forest Lodge, a Victorian-era hunting lodge on the Atholl estate in Perthshire, in the heart of Scotland. The estate is also home to Blair Castle, which comes complete with suits of armour and hallways full of antlers, and is base to Europe's only private army, the Atholl Highlanders.

We got out in picturesque Pitlochry — where we had to wait for the local taxi company to deliver kids to school before driving us 40 minutes through the snow to the lodge.



Left, on a riding adventure on the Atholl estate in Perthshire. Right, a view of Blair Castle.



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Forest Lodge is like something out of an Agatha Christie movie, a huge white house nestled in the crook of the valley. Inside there are comfortable bedrooms, a dining room with a banquet table for 20, a huge kitchen with a larder, and a living room with plump sofas, tartan curtains and an open fire.

This is an aristocratic weekend without the price tag — the cost of accommodation and food is small when shared, and there's nowhere to squander your hard-earned cash on fancy restaurants, expensive pubs or silly souvenirs.

There is no mobile phone reception, just an ancient payphone with a crackly line, so you are forced to completely switch off.

It pays to plan ahead — there's no way to pop out for milk here. Calculate

who's cooking what and you can have exactly what you need delivered by local grocers Tilt Stores. We arrived to find a larder bursting with fresh fruit, vegetables, meat reared on local farms, wine, and even some welcome snacks including shortbread and tablet, a sweet and tasty type of Scottish fudge that hits the spot after hitting one of the local summits.

Armed with an Ordnance Survey map that marks every contour of every elevation, we set off to conquer the nearby munro, the name for a Scottish mountain with a height over 910 metres. Hiking fanatics call it "munro bagging" as they try to tick all 284 munros off their list, but one was more than enough for us novices. The two-hour trek to the top is rewarded with a plateau with mountains

Rural retreat

The Lodge

• Book Forest Lodge through Atholl Estates. There are lodges sleeping different numbers, each about \$130 for three nights; athollestates.co.uk.

Getting there

• Book the Caledonian Sleeper from London at scotrail.co.uk. You can get a discount for a group booking

(for about \$270 a head), or watch for "bargain berths" — each month 1,200 single tickets are sold from £35 apiece.

Food delivery

• Local grocers Tilt Stores will source whatever you need, from fresh produce to wine and locally-sourced meat, tel. 01796 481 206.

METRO WORLD NEWS

stretching for as far as the eye can see.

As well as eagles and grouse, there were flashing white tails of mountain hares darting away, and a huge herd of deer led up a ridge by a stately stag silhouetted against a radiant pink sunset.

After all that fresh air, it's time for for haggis canapés in the lounge, then a four-course banquet

of smoked salmon, local lamb and pudding followed by port and cheese.

It would be difficult to leave this place at the end of the weekend, were it not for the fact that going back to London is also part of the adventure — after a full day admiring icicles in the river of the glen, we had another night of sleeper-train fun to keep us in good spirits.






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Quick recovery for Madonna

Don't worry about Madonna, who fell off a horse in the Hamptons over the weekend. Her trainer Tracy Anderson told Usmagazine.com that the singer will be back in the gym today. USMAGAZINE.COM

25

Entertainment

EDITOR: DEAN.LISK@METRONews.CA

Earth hits big screen

New doc an impressive companion piece to BBC series

Earth

Director: Alastair Fothergill, Mark Linefield

Stars: James Earl Jones and a variety of cuddly animals

Classification: PG

Rating: ⓈⓈⓈ

PHIL BROWN
for Metro Canada

Filed at the same time as the BBC series Planet Earth, Alastair Fothergill and Mark Linefield's Earth is a remarkable achievement of nature documentary filmmaking.

The movie is filled with the beautiful cinematography that defined Planet Earth even if it isn't quite as intellectually satisfying.

It is impossible to watch Earth without comparing it to its predecessor, and while the confines of a 90-minute movie funded by Disney prevents the filmmakers from capturing the depth of the series, this is

still an impressive companion piece that demands to be seen on the big screen.

The longer running time and family-focus of this feature forced the filmmakers to construct a narrative out of the footage captured for Earth. Fothergill and Linefield have structured their film around three families of animals (polar bears, whales, and elephants) embarking on epic journeys across their natural habitats.

The narrative device

works, but limits what the filmmakers are able to explore thematically and the animals are given human

nature documentary technique that hurts the film ever so slightly, but can probably be attributed to

Disney's involvement in the project and not the filmmakers.

Despite a questionable storytelling device, Earth is still a remarkable achievement.

The stunning high definition photography that sold countless copies of Planet Earth Blu-rays re-



Foot Chase

Gossip Girl star Chace Crawford is apparently ready to star in a remake of Footloose, but the producers are having trouble scheduling it around the filming of his television work. EONLINE.COM



A male Superb Bird of Paradise displays its feathers to attract a mate in the new documentary Earth.

EARTH DAY: APRIL 22
Go Green

to burst into applause when he utters "the circle of life."

Though hardly perfect and less impressive than it's small screen predecessor, Earth is still a wonderful film sure to please family audiences tired of the usual Zac Efron tripe.

Screen times

- Clareview 10 Cinemas: Wed-Thu 4:40-7:15
- North Edmonton Cinemas: Wed-Thu 12:20-4:40-7:20
- Scotiabank Theatre West Mall: Wed-Thu 12:10-2:30-4:45-7:15-9:50
- South Edmonton Common: Wed-Thu 12:20-3:50-5:15-9:45
- Times are subject to change. Complete listings are available at metronews.ca/movies.

SAG handing out pink slips

LABOUR Just days after its national board approved a new contract for television and film, the Screen Actors Guild said it plans to lay off about 35 employees, or about eight per cent of the staff.

"To close a gap between the guild's expected revenue and costs in the upcoming fiscal year budget, SAG is undertaking a number of expense reductions, including the elimination of some staff positions," SAG spokesperson Pamela Greenwalt said Monday.

REUTERS

critics' corner

Anna and Kristina's Grocery Bag

In his book "Cook With Jamie," subtitled "My Guide to Making You a Better Cook," British superstar chef Jamie Oliver emphasizes the importance of using ingredients that are natural, organic and wherever possible, locally produced. Anna and Kristina do what they always do — try to make recipes from the cookbook come out as they should — and also weigh in on whether the higher cost of organic food is worth it. 9 PM on W



Gary Unmarried

Against his better judgment, Gary (Jay Mohr) allows Allison (Paula Marshall) to persuade him to pretend they are still married when they attend a friend's vow renewal ceremony, but he is hard-pressed to keep their secret when he runs into a beautiful new divorcee. Jean Louisa Kelly ("Yes, Dear") guest stars in "Gary and Allison Brooks." 9:30 PM on KREM

FD	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
4/22/09	2	CFRN	239	318	etalk	Hollywood	Criminal Minds (N)	CSI: NY		American Idol (HDTV)		News (N)
	3	KHQ	-	370	News (N)	Be-Millionaire	Jeopardy! (N)	Law & Order (HDTV)		Law & Order: SVU		Law & Order
	4	CBXT	-	307	NHL Hockey: Conf. Quarterfinal	CBC News	Red Green	To Be Announced		CBC News: The National		The Hour
	6	KREM	-	372	News (N)	Hollywood	The Doctors (N)	Old Christine	Gary Unmarried	Criminal Minds (HDTV)		Criminal Minds
	7	KREM	241	347	Law & Order: SVU		Murdoch Mysteries (HDTV)	Scrubs	Friends	Nip/Tuck (HDTV)		Your City
	8	CITV	240	339	ET Canada	Entertainment	(8:02) The Unusuals	Lie to Me "Better Half"		Bones (HDTV PA) (N)		News Hour
	11	OMNI	-	-	Two/Half Men	The Simpsons	News	Lie to Me "Better Half"		The Simpsons	King	Metropia
	13	KXLY	-	371	4 News at 6	4 News at 6:30	Entertainment	Scrubs	Better Off Ted	Lost (HDTV) (N)		The Unusuals
	16	KAYU	-	373	The Simpsons	Raymond	Two/Half Men	Lie to Me "Better Half"		American Idol (HDTV)		News (N)
	19	CHTV	-	-	The Insider (N)	El News	Running-Heels	Better Off Ted	Better Off Ted	Janice Dickinson Modeling		News (N)
	22	KSPS	-	374	NewsHour With Jim Lehrer		Secrets of the Dead (N)	Jean-Michel Cousteau: Ocean Adventures (N) (DVS)				Secrets-Dead
	24	WTVS	-	364	Jean-Michel Cousteau: Ocean Adventures (N) (DVS)			Keeping Up	Being Served	Tavis Smiley	Charlie Rose (N)	
	15	CBGN	502	-	CBC News: The National		CBC News: The National	CBC News: The National		CBC News: The National		Planet Earth
	21	TWN	505	398	(5) EarthWatch One		EarthWatch One	EarthWatch Two				
	27	CNN	500	500	Larry King Live (N)		Anderson Cooper 360 (HDTV)			Larry King Live		Cooper 360
	44	CTVN	501	391	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet		News
	70	BNN	504	508	Squeeze Play		Market Call	Headline	Market Call	Commodities	Business News	Squeeze Play
	20	TSN	400	400	NHL Hockey	SportsCentre	NHL Hockey: West Quarterfinal - Blackhawks at Flames				SportsCentre	Motoring 2009
	23	net	408	418	MLB Baseball		Sportsnet Connected	Hockey Central	MMA Conn	Sportsnet Connected		Ult. Fighter
	47	SPEED	417	406	Drag Race	Drag Race	Drag Race	Wrecked	Pimp My Ride	Pass Time	Amer. Thunder	Pinks Outtakes
	94	SCORE	410	403	Score Update		Score Tonight	Hardcore Hockey Talk		Final Score	Final Score	Final Score
	9	EDACC	267	351	Alberta Primetime (Live)		Law & Order "Pledge"	America's Next Top Model (N)		Lost (HDTV) (N)		Primetime
	14	YTV	552	543	True Jackson	iCarly	In Real Life "E.R."	Malcolm-Mid.	Futurama	Karaoke Star Junior		Falcon Beach
	17	TREE	553	546	Little Bear	Bucket-Dinos	Comfy Couch	Max & Ruby	Babar	Backyardigans	Dora-Explorer	Go! Diego, Go!
	42	TOON	555	545	Ben 10	Johnny Test	Totally Spies	Total Drama	6TEEN	6TEEN	Futurama	Robot Chicken
	45	FAM	557	541	Zoe 101	Life Derek	Wizards-Place	Han, Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek
	-	TVA	121	174	TVA 18 heures	Le Cercle (SC)	Poule-oeufs or	Marché	La Collection (N)		Nos étés L'été s'écoule. (N)	TVA 22 heures
	18	CMT	575	583	Reba		Hope & Faith	Hope & Faith	Totally '2002		Home Improve.	Reba
	25	A&E	615	520	Bounty Hunter	Bounty Hunter	Bounty Hunter	Exterminators	Exterminators	Bounty Hunter	Bounty Hunter	Bounty Hunter
	26	MMM	571	581	Gimme Sugar	Gimme Sugar		Entourage	Gene Simmons			Entourage
	29	FOOD	603	561	Iron Chef America		Ultimate Recipe Showdown		Opening Soon	Opening Soon	Unwrapped	Diner, Drive-In
	31	SHOW	617	522	Wife Swap		The Outer Limits		Cashing In	About a Girl	G-Spot	Cock'd Gunns
	32	DISC	520	505	Deadliest Catch		Mayday "Invisible Killer"		Daily Planet		MythBusters	Dirty Dogs
	33	SLICE	601	562	End of Leash	End of Leash	End of Leash	End of Leash	ET Canada	Til Debt-Part	Real Housewives OC	Trading Sp
	34	W	602	567	Style by Jury	Style by Jury	Will & Grace	Friends	Grocery Bag	Grocery Bag	Supersize vs. Superskinny	Stuck (N)
	35	TLC	521	560	Jon & Kate	Jon & Kate	Moving Up (HDTV)		Jon & Kate Plus 8	Go Green!	Jon & Kate	Moving Up
	36	BRAVO	520	523	Wingfield	Wingfield	Southland		Law & Order		Without a Trace	Southland
	38	SPIKE	628	584	UFC Unleashed		The Ultimate Fighter (N)		Deadliest Warrior (HDTV)		CSI: NY "The Fall"	Amazing Video
	40	HIST	522	506	(6) Life After People		NCIS		Sea Hunters		Life After People	
	41	COM	626	547	Laughs	Comedy Now	Air Force	Just for Laughs		Corner Gas	The Simpsons	South Park
	43	SPACE	627	528	Primeval		Stormworld (N)	Grand Star	Stargate SG-1 "Sentinel"		Star Trek: Next Gener.	Trek: Voyager
	44	WPCH	294	650	(6) Crimson Tide (1995, Suspense)		Stove Harvey	Seinfeld	Family Guy	Family Guy	Crimson Tide (1995)	
	46	OLN	411	457	Mantracker	Mantracker	Bounty Hunter	Bounty Hunter	Departures	Mantracker	Mantracker	Bounty Hunter
	48	TROP	619	525	What Happen? What Happen?		Vanity Insanity	Ad Persuasion	Ad Persuasion	Seinfeld	Seinfeld	Family Guy
	50	STAR	621	527	100 Sexiest Stars		The Tonight Show-Jay Leno		TMZ	etalk	The View (HDTV)	Ellen Show
	52	HGT	600	564	Unsellable	Unsellable	House Hunters	House Hunters	Holmes-Homes	Holmes-Homes	Unsellable	Big City Broker
	65	TLN	700	800	(6) Extralarge 2		Raymond	Raymond	George Lopez	George Lopez	The Sopranos (SS)	Paid Program
	92	APTN	269	350	Canadian Geographic		Journey: Paddle-Quavatsun	500 Nations (Part 4 of 8)	Miywayawin	Find. Our. Talk	Wings-Canada	
	93	VISION	261	394	All About George (N)		Driven-Vision	Supernatural	Polettergeist: The Legacy		The Day the Earth Stood Still *** (1951)	
	100	MTV	581	566	Fantasy Fact.	Nitro Circus	Real World-Road Rules		MTV Live	After	College Life	Beatdown
	101	MM	570	580	Paris Hilton's British Friend		Instant Star	Instant Star	Crooked X Drm	Hooking Up	Paris Hilton's British Friend	disBand
	102	CPAC	512	366	(6:30) Primetime Politics		Revue	Question Period	Question Period		Prime-Politics	Primetime Politics
	103	VIVA	526	507	Medium		Mediums	Psychic Detect	Mediums	Encounters	Judging Amy	Medium
	106	RDI	126	730	Le Téléjournal (SC)		RDI on direct	Le Téléjournal (SC)	Le Téléjournal (SC)		Le Journal RDI	Le Téléjournal
	161	SUPER			City Homicide (HDTV)		Party Down	Head Case	Whitest Kids	Beer for My Horses * (2008, Action)		Climate

Welsh actor Ioan Gruffudd, who starred in *Fantastic Four*, and his English wife, actress Alice Evans, are expecting a baby, his rep confirms to *People*. This will be the first child for the couple. **METRO NEWS SERVICES**

Celebrity Buzz

Naked pics no shoe ad

SCANDAL The pictures of Kanye West and his naked girlfriend, Amber Rose are not for a Louis Vuitton campaign, as originally thought, *femalefirst.co.uk* reports.

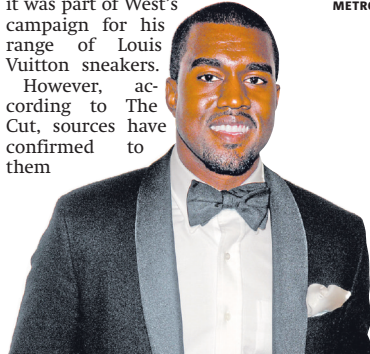
Last week, the rapper's personal images surfaced on the Internet, with reports quick to suggest that it was part of West's campaign for his range of Louis Vuitton sneakers.

However, according to *The Cut*, sources have confirmed to them

that the images are not part of any campaign for the fashion house.

West's desire to ditch music for designing seems to be gaining momentum in the fashion world though, as he appeared at a record number of shows around the globe during Fashion Week season.

METRO NEWS SERVICES



Lindsay goes burlesque?

CAREER Lindsay Lohan has sparked rumours she's signed on to appear in a new topless Las Vegas stage act, *femalefirst.co.uk* reports.

The star, 22, reportedly flew to Sin City on Saturday to attend the grand opening of sexy striptease production *Peepshow* and

meet with its creator, Broadway director and choreographer Jerry Mitchell.

Former Spice Girl Melanie Brown kicked off her stint in the show last week, which features celebrities in rotating lead roles.

According to *Fox News*, Lohan is in talks with

Mitchell to take over from actress Kelly Monaco when the star leaves the show to return to U.S. soap opera *General Hospital*.

A spokesperson for Lohan had not returned requests for comment.

Lohan has seen her acting career almost disappear in the last 12 months, with her last movie, *I Know Who Killed Me*, universally panned; Lohan's performance garnered her a Razzie.

METRO NEWS SERVICES



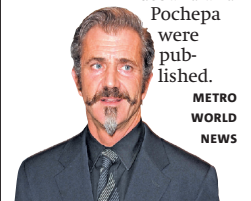
Mel's lover keeps steamy sex diary?

RUMOUR The woman claiming to be Mel Gibson's mistress, Russian singer Oksana Pochepa, reportedly keeps a diary of all her sexual activity — and isn't shy about sharing it.

"She once showed me the diary and I could barely believe it," a source tells the Sun. "Sex is the main thing for her." It's been reported that Gibson's wife filed for divorce after steamy pictures of her

husband and Pochepa were published.

METRO WORLD NEWS



Swayze 'kicking butt' amid cancer: Whoopi

ILLNESS Whoopi Goldberg tells *usmagazine.com* her cancer-stricken Ghost co-star Patrick Swayze is "doing the best he can."

"He's kicking butt," she told the magazine.

"And, you know, he's sick. And he, like the rest of us, doesn't know when it's going to happen — because it will happen, that he is going to go — but he doesn't know when or where."

"His attitude is, why wait for it to happen?" she went on. "So he's busy as hell."

Since he was di-

agnosed with pancreatic cancer more than a year ago, the 56-year-old actor — who denied reports in March that he is nearing "the end" — has thrown himself into work.

He's writing a memoir and filmed the first season of A&E's crime drama, *The Beast*, which concludes Thursday.

METRO NEWS SERVICES



Life at the Affleck-Garner home

FAMILY Ben Affleck may have many talents when it comes to parenting three-year-old daughter Violet, but according to his wife Jennifer Garner hairdressing isn't one of them, *people.com* reports.

"Ben will do the school run," Garner, 35, tells *in-*

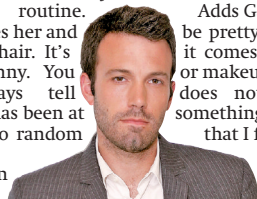
Style of her family's morning routine.

"He dresses her and does her hair. It's pretty funny. You can always tell when he has been at it, just two random barrettes hanging in

there. It's so sweet."

Adds Garner: "Ben can be pretty clueless when it comes to my clothes or makeup. But when he does notice and says something, he's so sweet that I forgive him."

METRO NEWS SERVICES



Chan's comments draw ire

OPINION Jackie Chan has been facing a good deal of backlash in his native country for comments he made last week at a business forum in Hainan, a southern Chinese island, according to *MSNBC*.

"I'm not sure if it's good to have freedom or not. If you're too free, you're like

the way Hong Kong is now. It's very chaotic. Taiwan is also chaotic.

"I'm gradually beginning to feel that we Chinese need to be controlled. If we're not being controlled, we'll just do what we want," Chan said.

METRO WORLD NEWS



JT and Jessica still together

RELATIONSHIP Ever since Justin Timberlake was spotted "very much acting like a single guy" at Kate Hudson's star-studded 30th birthday party over the weekend, according to *Us Weekly*, rumors have been swirling that he and girlfriend Jessica Biel have split up.

But friends of the couple say that couldn't be further from the truth.

"They have not split," a source says, according to *Hollyscoop*.

Another adds: "Things are very good with them. They do things separately sometimes."

METRO WORLD NEWS



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Farrah's son exaggerates: Pal

PEOPLE Farrah Fawcett's best friend Alana Stewart has dismissed claims made by the actress' son in court, telling a judge his mom's cancer problems had reduced her to a skeletal 86 pounds, *femalefirst.co.uk* reports.

Redmond O'Neal made the shocking claim in court last week during a hearing stemming from drug charges against him, but Stewart insists the 24-year-old is mistaken.

She tells *people.com*, "Farrah is not 86 pounds. Redmond is young and overreacted a little. Farrah has lost weight, but not that much."

Stewart also revealed Fawcett is planning to pay back O'Neal's father — her ex Ryan — for all his support by hosting a 68th birthday party for the actor on Monday night.

Stewart adds, "Ryan has really been there for Farrah in such a wonderful way." Stewart insists Fawcett is on the

path to recovery following a hospital stay this month.

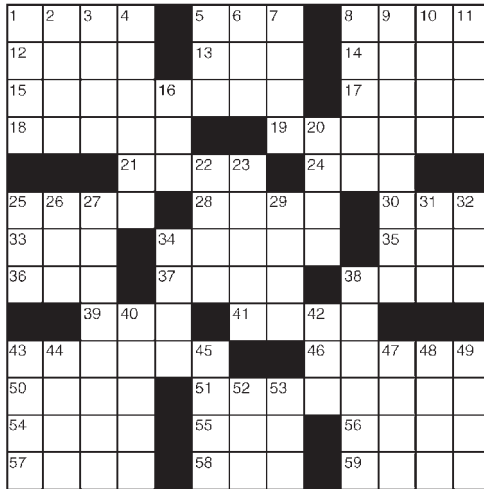
She explains, "I just saw her ... She had colour in her face and was talking and laughing."

METRO NEWS SERVICES





Michele McDougall, Weather Specialist & Host - Breakfast Television
 "My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes!" **WEEKDAYS AT 6 A.M.**



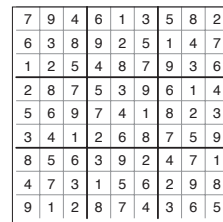
Crossword across

- 1 Overly theatrical
- 5 Pitcher's chapeau
- 8 Memo writer's "Now!"
- 12 Eastern bigwig
- 13 Actor Tognazzi
- 14 "Monopoly" pair
- 15 Buck
- 17 Bullets
- 18 Switchblade
- 19 Wet
- 21 Notion
- 24 Work with
- 25 Equitable
- 28 Culture medium
- 30 Eve, originally
- 33 "— Lay Dying"
- 34 Eugene O'Neill specialty
- 35 Geological period
- 36 Emeril's interjection
- 37 Con
- 38 Showing signs of aging
- 39 Skillet
- 41 Advantage
- 43 Caviar provider
- 46 Point of view
- 50 Valhalla VIP
- 51 Didn't quite boil
- 54 Schism
- 55 Excessively
- 56 Peruse
- 57 Piano lineup
- 58 Picnic invader
- 59 Distorted

Crossword down

- 1 Barrel
- 2 Infamous Idi
- 3 "La Boheme" role
- 4 Gain
- 5 Prompt
- 6 Earlier
- 7 Frogs' hangout
- 8 Either of two presidents
- 9 One with a silly smile
- 10 Pinnacle
- 11 Laborer
- 16 Started
- 20 Emanation
- 22 Have coming
- 23 Marble variety
- 25 Poke
- 26 Dos Passos trilogy
- 27 Clear up
- 29 In the thick of
- 31 401(k) alternative
- 32 Cove
- 34 "Phooey!"
- 38 Groups of species
- 40 Some of the family
- 42 Whale group
- 43 Jurist Robert
- 44 Actress Falco
- 45 "The Thin Man" dog
- 47 Got bigger
- 48 Mad king of literature
- 49 Vortex
- 52 Charged bit
- 53 Witticism

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



Find today's answers & play more games at metronews.ca

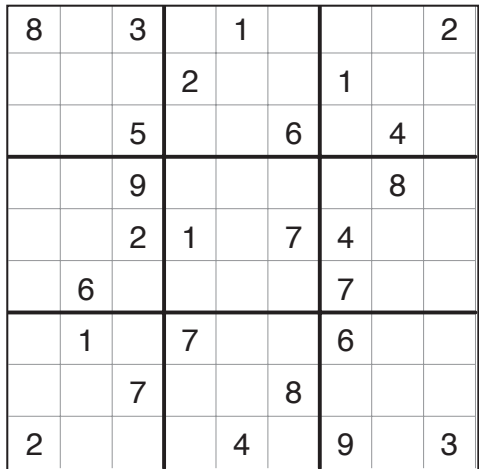
SUDOKU SOLVE TIME:

- Under 13 minGenius
- 13-17 minScholar
- 17-21 minSmart
- 21-25 minNot bad
- 25+ minKeep practising

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



Metro Recipe of the Day



Pork with Mustard Sauce

INGREDIENTS:

- 1 tsp (5 mL) extra-virgin olive oil
- 4 boneless pork loin chops, 3/4 in. (2 cm) thick, trimmed of all fat
- 4 tbsp (60 mL) dry white wine or vermouth
- 1 garlic clove, minced
- 3/4 cup (175 mL) chicken or vegetable stock
- 2 tsp (10 mL) cornstarch mixed with 1 tbsp (15 mL) water
- 1/2 cup (125 mL) sour cream
- 1 tbsp (15 mL) Dijon mustard
- 1 tbsp (15 mL) chopped fresh tarragon
- Salt and fresh-ground black pepper
- Fresh chives

METHOD:

1. Heat oil in large nonstick frying pan over medium-high heat. Add pork chops and fry until brown, 3 minutes per side. Transfer to plate; set aside and keep warm.

2. Add wine or vermouth to pan with garlic and let bubble briefly. Pour in stock and boil 2 minutes. Stir together cornstarch mixture and sour cream until smooth. Add to hot cooking liquid, stirring well. Reduce heat and simmer, stirring constantly, until thick and smooth, 2 minutes. Stir in mustard and tarragon and season with salt and pepper to taste.
3. Return pork chops to sauce in the pan. Reduce heat to low, cover pan, and simmer until chops are cooked through, 4 to 5 minutes.
4. Arrange pork chops on warm plates and spoon sauce over. Garnish with chives.

SERVES 4

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
 Someone wants to protest but won't. You'll find out who has too much to do. A mysterious woman becomes cynical.

TAURUS
APRIL 21-MAY 21
 Plans are made but somebody is going to leave early. Refuse to wear yourself out for anyone. You'll be told things that you should already know.

LIBRA
SEPT 23-OCT 23
 Happiness is found by someone in love. You'll work behind the scenes. Keep an open mind when you kick off a debate.

SCORPIO
OCT 24-NOV 22
 Don't be stubborn if you want to change your mind. Something complex sets off emotional responses. Things will work out for the best.

GEMINI
MAY 22-JUNE 21
 You'll get credit for something you didn't do. Demanding people strongly affect your mood. Don't focus on a thoughtless remark.

SAGITTARIUS
NOV 23-DEC 21
 You'll benefit from good luck. Don't strain the patience of a close friend. A determined stranger appears to be triumphant.

CANCER
JUNE 22-JULY 22
 People want to know what needs to be done. It's time to be a visionary. Use your common sense.

CAPRICORN
DEC 22-JAN 20
 An acquaintance is moody about attention-grabbing. An expert understands your feelings. A victim makes an admission of guilt.

LEO
JULY 23-AUG 23
 Someone wants to change your life. A frantic woman makes a phone call. You're not sure if something is true.

AQUARIUS
JAN 21-FEB 18
 Prepare for a change after a friend offers support. A pitiless challenger won't panic. Budgeting could result in success.

VIRGO
AUG 24-SEPT 22
 A player supplies some sensible advice. Someone makes you lose time. A rebel enjoys a truth-seeking session.

PISCES
FEB 19-MARCH 20
 Obligations are questioned by someone with concerns. Provide support during a health crisis. Don't cringe about a money problem.

WORDY GURDY®

BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

- Be taken in by a falsehood (1)
- Actor Gyllenhaal's pains (1)
- British bar vittles (1)
- "Down East" precipitation (1)
- "French" pooch margin scribble (2)
- Actor Keanu flings with effort (1)
- Walking unsteadily while fusing metals (3)

Answers: 1. LIES, TRUTHS 2. SHAVER, READER 3. SPICED, STOOD 4. NINE, NINE 5. BLIND, BIRD 6. SHERIDAN, SHARP 7. SLEAZED, SLEAZED

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